

# **REVERSE SPEECH**

# **METAPHOR DICTIONARY**

**The Analyst's Guide To Metaphors Of The Unconscious**

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## **Introduction To Dictionary**

This dictionary lists common words and phrases that can be found in Reverse Speech. It is not complete and never will be. Updated regularly, it is constantly evolving as new words are found and further research with existing entries allow definitions to be sharpened and refined. If a word is not listed, it may be a rare metaphor or possibly a Personal Metaphor that is unique to the person speaking at the time. The safest course of action in this case is to disregard the word in your analysis but keep it stored for future reference.

Terminology used in this dictionary assumes a basic understanding of Reverse Speech theory as detailed in the books, "Reverse Speech - Hidden Messages In Human Communication" and "Finding the Keys To The Garden of Eden."

## **Using The Dictionary**

- (1) Main entries are in large, bold-faced type and are listed in alphabetical order.
- (2) Metaphor levels are shown in parentheses following the main entry.
  - (Structural) indicates a third level reversal, or Structural metaphor.
  - (Operational) indicates a second level reversal, or Operational metaphor.
  - (Multi) indicates a word that can appear in all three levels.
- (3) Definitions for Reverse Speech metaphors are generally constant. It is difficult, however, to describe in words what is primarily a picture. Each main entry, therefore, has several differing definitions that are separated in the text by semi- colons. Each definition attempts to describe one aspect of the overall picture. Some entries will be prefaced by the phrase, "meaning imprecise". In these cases the meaning of the metaphor is still obscure and the differing definitions should be used as a guide only.
- (4) Cross-references. Individual metaphors may be members of a larger "Metaphor Group" or associated words. Check all cross-references listed after the main entry to obtain a greater understanding of the metaphor.
- (5) Trance image. Each reference also describes common trance images of each metaphor. This will assist both in the understanding of the metaphor and in the monitoring of eventual trances.

## **Understanding Metaphors**

Reverse Speech metaphors are pictorial representations of parts, structures and activities of the psyche that are below consciousness. This part of the psyche (that is separate from "the unconscious") is the prime orchestrator of human behavior. It operates, or thinks, in pictures and metaphor. In the imagery of Reverse Speech, the multi operations of human behavior are played out pictorially in a manner that is similar to the plot of movie. As the many characters, or metaphors, play their roles according to pre-programmed scripts, personality evolves and behavior is orchestrated.

Reverse Speech provides us with a running commentary, or script, of this movie. When the script (speech reversals) describe the function of each character (metaphor), it is also describing a unique aspect of personality or behavior that the metaphor represents. This aspect is described in the dictionary definitions. As each character's overall function and purpose in the movie is defined, another aspect of behavior is isolated. An accurate picture of the inner workings of the unconscious mind slowly emerges, and the structures of personality and behavior become clear.

**ACID** (*Structural*) a negative or destructive emotion; unresolved bitterness or resentments; also to cause collapse or decay of a relationship, situation or event; this metaphor has also been found on people with severe, life-threatening diseases. *Trance image; a pool of acid, often in a slimy swamp*

**ADAM** (*Structural*) Reverse Speech describes the nature of man in three main steps: as Boy, as Man, as Adam; Adam is the perfect man; the untainted image of man, the spiritually enlightened Man; the innocent man; see Eve. *Trance image; tall, dark man in the Garden of Eden*

**ADDRESS** meaning unknown

**ADOLPH** (*Structural*) see Hitler, Nazi; Adolph is used in a soft context, more as a personal insult rather than a structural metaphor. *Trance image; unknown*

**ALADDIN** (*Structural*) similar to Magician; a temporary change that needs further reinforcement; facilitates structural change; a process of change that enables one to grow and overcome barriers. *Trance image; typical Aladdin as in Aladdin and the magic lamp*

**ALARM** (*Operational*) a warning a pending illness, physical or emotional; take great note when hearing this word  
Trance image: unknown

**ALBUM** (*Structural*) memories of the past; collective experiences; one's life history can be found in the album. Trance image; a book or photo album sometimes in the shelf of a house

**ALEXIS** (*Structural*) meaning imprecise; possibly female seeking male characteristics; feminism; similar to Rocelin, but without the dark aspects. *Trance image; unknown*

**ALLAH** (*Structural*) meaning imprecise; one aspect of God, not all of God; God the Judge and Avenger; *Trance image; unknown*

**ALPHA** (*Structural*) meaning imprecise; a shortened form of Alpha & Omega; God or the beginning of God. *Trance image; unknown*

**AMOS** (*Structural*) see Moses, metaphor pair; the ability to communicate spiritual wisdom to the physical world - Moses hears from God, Amos speaks that knowledge out; in the Bible Amos was a prophet of social justice; a buffer between the part of us that is connected to God. *Trance image; typical Old Testament prophet - a middle aged man in sheepskin*

**ANCHOR** (*Structural*) meaning imprecise; to be grounded; to be fixed in position; to remain steady. *Trance image; an anchor off the ship*

**ANGEL** (*Structural*) meaning imprecise; a messenger of God; voices from the collective. *Trance image; stereotypical angel, a white shining handsome young male with wings*

**ANIMA** (*Structural*) this metaphor is central in the writings of Carl Jung; the deep female primordial self; the feminine "egg" of DNA creation with Animus being the male or "Semen". *Trance image; varies, sometimes an egg in a nest in a primordial mud pool, other times a dark shadowy female form, other*

*images have also appeared for the Anima*

**ANIMAL** (*Structural*) meaning imprecise; a broad part of the psyche; implies metaphors that don't have any specific purpose; an instinct that is undirected; undirected energy; energies that have no real form. *Trance image; various non specific animal forms*

**ANIMUS** (*Structural*) See anima; the male seed; *Trance image: varies, sometimes the semen to fertilise the female "egg"; othertimes a shadowy form in the Garden.*

**ANNOUNCE** (*Operational*) to state with force; to call forth; to activate a metaphor *Trance image; usually the participant speaks it in their mind*

**ANOTHER ONE** (*Operational*) another sexual partner - usually physical or first level sex, but sometimes broader and all encompassing. *Trance image; unknown*

**ANTELOPE** (*Structural*) meaning unknown

**ANUS** (*Operational*) see Ass, Shit - Anal metaphors; negative sexual energy; no respect; insult. *Trance image; unknown*

**ANVIL** (*Structural*) see Hammer; to build or create something, the base for repair; *Trance image; an anvil*

**APPLE** (*Structural*) meaning unknown, maybe the apple that tempted Eve in the fall in the Garden. *Trance image; an apple*

**APPLE PIE** (*Structural*) traditional American values. *Trance image; unknown*

**ARAB** (meaning unknown)

**ARK** (*Structural*) refers to the Ark of the Covenant where the Jews carried the Ten Commandments of Moses. In reverse it refers to an aspect of the Soul, sometimes the storage of collective unconscious records. *Trance Image; a large golden box sometimes in the middle of a cylindrical cone of light*

**ARM** (*Structural*) ability to embrace; to hold; to embrace an idea. *Trance image; usually the arm of another metaphor*

**ARMAGEDDON** (*Structural*) meaning imprecise; may refer to the conflict between the unconscious and unconscious; personal trauma; devastating life events *Trance image; unknown*

**ARMOR** (*Structural*) personal protection. *Trance image; battle armour*

**ARROW** (*Structural*) to move towards a goal; the means of moving towards a goal; the part that shoots for the goal; that ability to see, and act upon, a life direction; to get our mark. *Trance image; an arrow*

**ARSENIC** (*Structural*) see Acid; meaning imprecise; emotional destruction; a poisonous attitude. *Trance image; vague, sometimes thick liquid in mud pools*

**ARTHUR** (*Structural*) meaning imprecise; from the legends of Camelot; a wise benevolent leader, noble warrior.

*Trance Image; handsome weathered warrior, King of Camelot*

**ASS** (*Operational*) part of larger group loosely entitled Anal reversals; see Shit, Fart; negative sexual energy; negative emotional energy; people being involved with each other in a negative manner; negative attachments; relationships that are mutually destructive; also an insult. *Trance image; faeces and foul smells in slime baths*

**ASSHOLE** (*Structural*) see Ass; describes a person or event or emotion etc., whereas Ass may generally refer to an attitude. *Trance image; none known*

**ASSOCIATE** (*Multi*) meaning imprecise; a partner; maybe a metaphor in collusion. *Trance image; unknown*

**ASTHMA** (*Operational*) meaning imprecise; maybe a repression of life force; inability to move forward; emotional dissatisfaction. *Trance image; unknown*

**ATHENA** (*Structural*) meaning unknown; a strong female metaphor

**ATLAS** (*Structural*) from the mythological character who carried the world on his back; a personality type that carries the troubles of the world; burdened by life; people who run Atlas metaphors typically will have bent spines. *Trance image; a mighty warrior holding up the world*

**AURA** (*Multi*) the personal presence; radiation of energy. *Trance image; a shimmering halo around the body*

**AUSWICH** (*Structural*) meaning imprecise; to persecute; intense suffering. *Trance image; unknown*

**AUSSIE** (*Multi*) common aussie slang; free spirit; sometimes refers to David John Oates or session work. *Trance image; none*

**AVIS** (*Structural*) meaning unknown; a power metaphor, possibly a female Goddess. *Trance image; unknown*

**AWE** (*Multi*) to be in awe; amazed. *Trance image; unknown*

**BABEL** (*Structural*) meaning imprecise; maybe from the biblical tower of babel where the language of man was scattered by God; many tongue; confused messages; a loud rave. *Trance image. Unknown*

**BABY** (*Structural*) something new; an idea just born; the hope of creation; also the part of the psyche that is still the baby, also appears as the "little baby". *Trance image; a small baby sometimes in the nest or under a tree in the garden*

**BALL** (*Structural*) meaning imprecise; may refer to the emotion of love or spiritual energy. *Trance image; a shimmering blue ball of light*

**BALLS** (*Multi*) male genitals; courage; machoism; male energy. *Trance image; testicles typically on Adam in the Garden of Eden, however testicles can also appear on Eve if there is confused or mixed sexuality*

**BANNER** (*Structural*) meaning imprecise; to announce an idea; to speak

with conviction; claim of ownership. *Trance image; unknown*

**BASIL** (*Structural*) food for the soul; to be stimulated spiritually; a healing herb. *Trance image; a herb growing in the Garden of Eden*

**BASTARD** (*Multi*) a general insult; statement of displeasure towards one's own metaphor; a description of the operation of another metaphor. *Trance image; unknown*

**BATTLE** (*Structural*) see also War; an internal conflict; a struggle between different parts of the mind. *Trance image; varies, sometimes seen as turmoil in the whirlwind or a battle raging in the desert*

**BAYONET** (*Structural*) see Dagger, Knife; meaning imprecise; possibly to harm; to cause emotional pain; also appears in a victorious context. *Trance image; a large bayonet*

**BEACH** (*Structural*) see Shore; the borders of consciousness; the beach is our conscious world that lies just before the sand dunes of unconsciousness. *Trance image. A long sandy beach*

**BEAM** (*Operational*) meaning imprecise; appears in context of inspiration; also to supply energy; to magically cure. *Trance image; a beam of light from another metaphor, sometimes the sun or sword*

**BEAR** (*Structural*) meaning imprecise; authority figure; maybe a metaphor for police force or governmental authorities; personal strength. *Trance image; a bear*

**BEARD** (*Structural*) meaning imprecise; maybe to cover up sin; but has also been seen as the sign of a prophet or messenger of God. *Trance image; a beard*

**BEAST** (*Structural*) see Mark (the mark of the beast); sex with the beast is to be having sex with dysfunctional metaphors or allowing them to control you; deeply repressed hurts or emotions; unresolved issues; energies that are very strong but not directed; destructive, fearsome energies; physical dysfunction can be associated with this metaphor, *Trance image; varies, sometimes a wild, untamed beast similar to the Tasmanian Devil.*

**BEAT** (*Operational*) the rhythm of life; to be in tune; the constant drum of behaviour. *Trance image; unknown*

**BEATNIK** (*Multi*) meaning imprecise; seems to refer to a nostalgia or identification with the beatnik era of the 1950s; a rebellious or free spirited person. *Trance image; unknown*

**BED** (*Multi*) to connect or nurture; to arrange a transaction; good close connection; rapport, stimulating; "Let's get into bed together". *Trance image; a bed*

**BEETLE** (*Structural*) meaning unknown. *Trance image; unknown*

**BEFRIEND** (*Operational*) be careful with this word. It frequently appears in a future tense context and implies the desire for friendship. However in many cases that it has appeared, the opposite of friendship has occurred and a sever separation has resulted instead. The

metaphor appears to be a lulling to calm, to put on a false front for the purpose of deception; this word may predict a relationship breakdown and strong ulterior motives. *Trance image; unknown*

**BELL** (*Operational*) meaning imprecise; to recall a memory; to recall the beginnings of a behavioural pattern. *Trance image; unknown*

**BEYOND** (*Multi*) another mission; more knowledge to come; deeper structures in the mind; to move to another goal; to access a different part of the mind. *Trance image; varies, sometimes to walk beyond a hill*

**BIBLE** (*Structural*) meaning unknown; the Christian bible; maybe a call for religious values. *Trance image; unknown*

**BIGOT** (*Multi*) fixed attitudes; inability to see another point of view; also hanging on tightly to a behavioural pattern. *Trance image; varies*

**BISHOP** (*Structural*) meaning imprecise; a spiritual buffer; to mediate. *Trance image; a church Bishop with fine robes*

**BLEED** (*Operational*) to feel emotional pain; empathy; also to gradually happen, as "to bleed in". *Trance image; varies, sometimes seen as the flowing of the river of life in the Garden of Eden*

**BLESS** (*Operational*) to approve or endorse; to accept; to give ones blessing. *Trance image; varies, sometimes a physical contact or verbal approval*

**BLOKE** (*Multi*) see Sheila, Aussie; Australian slang for man; a casual reference; affection. *Trance image; unknown*

**BLOOD** (*Structural*) meaning imprecise; physical strength; physical nourishment; an agreement. *Trance image; unknown*

**BOAT** (*Structural*) meaning imprecise; similar to Ship; has the sense of a life raft. *Trance image; a small boat on the ocean*

**BOOK** (*Structural*) see "Album", similar but deeper meaning; one's sense of purpose; knowledge of self and spiritual worth; the plans are kept in the book. *Trance image; a book in the cave of the soul or a library in the house*

**BOOTS** (*Structural*) to walk forward; enables action, activity; usually in the context of moving towards one's goals; also appears in the context of fighting for truth. *Trance image; a pair of boots*

**BOSON** (*Structural*) the part of self that keeps the "Ship" in order and clean; keeps one organised; people with ineffective Bosons are normally unorganised and sloppy. *Trance image; a weathered old seaman*

**BOSS** (*Structural*) meaning imprecise; a controlling part of the psyche; the ruler of a small region. *Trance image; varies*

**BOWL** (*Structural*) meaning unknown

**BOY** (*Structural*) see Man, Adam; the young child within, if used in a cluster of third level metaphors; if used as first level it usually refers to the male sex



partner of another male. *Trance image. A young boy usually in the Garden of Eden*

**BOX** (*Multi*) sexual; vagina. *Trance image; a vagina*

**BRAIN** (*Multi*) as it says; the human brain. *Trance image; unknown*

**BRAVE** (*Structural*) as in Indian Brave; a fighter, warrior; noble man. *Trance image; unknown*

**BREAK** (*Operational*) to break free of a situation; to break a habit; also to cause damage. *Trance image; sometimes to sever from the whirlwind*

**BREATH** (*Operational*) see Soul Wind, Sigh. the breath of life; new energy; an inspiration or idea. *Trance image; normally a big sigh or to breath in deep*

**BREAST** (*Multi*) the source of creative energy; feminine; to nurture. *Trance image; a breast*

**BRITISH** (*Multi*) meaning imprecise; see "London"; organised, rigid behaviour; usually as a description rather than as a behavioural structure; sometimes externally directed to others. *Trance image; unknown*

**BRUISE** (*Multi*) meaning imprecise; to cause damage. *Trance image; unknown*

**BUBBLE** (*Structural*) meaning imprecise; to be insulated from the world; maybe used as a cocoon. *Trance image; unknown*

**BUFFALO** (*Structural*) meaning unknown

**BUGGER** (*Multi*) see Shit, Ass, an Anal reversal; disrespect; annoyance; also sexual intercourse between men. *Trance image; unknown*

**BUILD** (*Operational*) to create a behavioural pattern, to orchestrate a situation. *Trance image; unknown*

**BUILT** see Build

**BULLSHIT** (*Multi*) slang phrase; an untruth; dysfunctional; a wild fanciful tale. *Trance image; unknown*

**BUM** (*Operational*) see Ass, Anal reversal; meaning imprecise; similar to Ass. *Trance image; unknown*

**BUMP** (*Operational*) see Cyst; a growth or warning of physical growth. *Trance image, a black lump*

**BUSINESS** (*Multi*) meaning imprecise; professional business; also describes the activities of the unconscious; possibly a member of the Money metaphor group referring to the ongoing process of emotional bartering. *Trance image; unknown*

**BUST** (*Multi*) broken; damaged; faulty; to cause harm; to break. *Trance image; unknown*

**BUTTON** (*Operational*) a hot spot; stored emotions - often anger, resentment etc; to touch someone's button. *Trance image; unknown*

**BUY** (*Operational*) See Money, Sell, Refund; part of a group of metaphors that refer to emotional bartering as money exchanges "I will give you emotional favours if you do this."; to

give something in exchange for something; bartering: "if you do this, I'll do that"; implies one can obtain favours for favours; to secure; to convince; to have; to obtain possession for an exchange. *Trance image; varies*

**BUZZ** (*Operational*) to be in active transformation; a new pattern emerging; a psychic manifestation. *Trance image; to feel ones body buzzing*

**BUZZARD** (*Structural*) a symbol of death; glorifying a death image; to seek decay and consume it. *Trance image; buzzards hovering*

**CAESAR** (*Structural*) see Rome; male dominance; to achieve greatness; a conqueror; male chauvinism. *Trance image; typical Caesar image*

**CAMELOT** (*Structural*) from the Legend of King Arthur; one's fortress; an ultimate goal of life's quest; normally not attainable. *Trance image; a large golden castle on a hill*

**CANCER** (*Structural*) See Acid, Arsenic; a disease of the psyche; disease; a strong negative emotion: "cancer is eating me away"; a jealous emotion, bitterness, something that is destroying. *Trance image; unknown*

**CAR** (*Structural*) meaning imprecise; to move forward; a means of movement. *Trance image; a modern automobile*

**CAST** (*Operational*) to throw away; also to create or instigate something. *Trance image; to throw away*

**CASTLE** (*Structural*) see Camelot; a place of safety; a position of strength and

power; refuge; a fortress within; a goal or life's quest. *Trance image; a castle*

**CAT** (*Structural*) similar to Wolf; a protective part of the psyche; hunter; very much to himself; deceptive, elusive, devious; a lone protector. *Trance image; a cat often lurking in the background*

**CAVE** (*Structural*) a storage den in the mind; where parts go to rest or sleep; *Trance image; a cave usually built into the side of the mountain*

**CELL** (*Structural*) a deep part of the mind; repression that has become a prison; trapped in our own thoughts, by our own emotions. *Trance image; a jail cell with thick black bars, sometimes a cave sealed off*

**CELLAR** (*Structural*) similar to cell, almost identical; a deep part of the mind; can be a trap, but easier to get out of; a place to hide. *Trance image; a cellar underneath a house*

**CELLULAR** (*Structural*) see Phone; meaning imprecise; a new metaphor referring to the portable cellular phone; some form of communication. *Trance image; a cellular phone*

**CENSOR** (*Operational*) not listen; to remove; to ignore. *Trance image; varies, sometimes to block one's ears*

**CHAMOIS** (*Structural*) meaning imprecise; a cleaning cloth; to clean or polish. *Trance image; unknown*

**CHARIOT** (*Structural*) a means of movement; to ride off into battle; a mission. *Trance image; a Roman chariot*

**CHAUFFEUR** (*Structural*) meaning imprecise; possibly a follower or one who serves in a sub-subservient position. *Trance image; unknown*

**CHEF** (*Structural*) To create or build; artistic nature *Trance image; varies*

**CHERISH** (*Multi*) to cherish; hold dear; to love and adore. *Trance image; unknown.*

**CHEVY** (*Structural*) meaning unknown; a fairly common metaphor having been seen for years; may refer to Chevrolet cars; a means of transport. *Trance image; unknown*

**CHOIR** (*Structural*) all parts of consciousness operating in unison; to function with precision; to sing for joy. *Trance image; varies*

**CHRIST** (*Structural*) meaning imprecise; rarely appears, may refer to Jesus Christ. *Trance image; unknown*

**CHRISTMAS** (*Multi*) meaning imprecise; may refer to Christmas, the birthday of Jesus Christ; sometimes means good things; gifts and presents. *Trance image; unknown*

**CIGARETTE** (*Operational*) meaning imprecise; found across the board including people who are not smokers; appears to refer to the need for security and comfort; *Trance image, unknown*

**CINEMA** (*Operational*) see Film, Movie; the theatre of the mind; watching life as a movie; living in a the dream; aloof, discrete attitude. *Trance image; watching a movie screen*

**CIRCLE** (*Operational*) to be in a loop; to be stuck in one place; going around in circles. *Trance image; varies*

**CIRCUS** (*Structural*) meaning imprecise; a fun place with no order; disorganisation; mild disassociation; also has some connection with "Zoo"; implies chaos and lack of order. *Trance image; unknown*

**CITY** (*Structural*) civilisation; an active place; the World; populous; also a main centre of activity in the unconscious mind. *Trance image; A large modern city, often white, located north west in the desert*

**COBRA** (*Structural*) meaning imprecise; conniving; deception. *Trance image; unknown*

**COLD** (*Operational*) to be emotionally shut down; spiritual damage; a warning of danger *Trance image: the temperature gets cold*

**COST** (*Operational*) see Money, Buy, Sell; the price of an action; the natural consequences as in "reap what you sow"; cost also implies an emotional price. *Trance image; varies*

**COW** (*Structural*) meaning imprecise; disrespect; an insult; to reduce the worth of another. *Trance image; unknown*

**COWBOY** (*Structural*) metaphor found in Texas; possibly a cultural metaphor. *Trance image; unknown*

**COWL** (*Operational*) to cover up, to hide or protect; to keep hidden; to not use; to make ineffective. *Trance image; unknown*

**CRIME** (*Multi*) an undesirable event; psychic damage done in the past. *Trance image; unknown*

**CROSSROADS** (*Structural*) see Raymond; to be at major life turning point; a major decision resulting in two different outcomes. *Trance image; the meeting of two paths*

**CUB** (*Structural*) see Wolf; a baby wolf; when activating Wolf and Shewolf metaphors under trance they will often first appear as young cubs. *Trance image; a baby wolf cub*

**CUM** (*Operational*) to ejaculate; semen; also appears in second and third level as high stimulation and success. *Trance image; to ejaculate, white semen*

**CURSE** (*Operational*) to destroy; a destructive behaviour; gradually deteriorate; also family dysfunctional patterns handed down from generation to generation. *Trance image; varies, sometimes a deformed metaphor or a spot on something clean*

**CYBORG** (*Structural*) usually appears in people who have an inability to share their emotions; detached; organised, logical, systematic approach. *Trance image; a robot*

**CYCLONE** (*Structural*) meaning imprecise; not to be confused with whirlwind; a strong force; disorganised; out of control. *Trance image. unknown*

**CYCLOPS** (*Structural*) meaning imprecise; probably stems from the mythological creature with one eye; narrow or tunnel vision; fixed or

unshakeable commitment to one's life direction. *Trance image; unknown.*

**CYST** (*Multi*) see also Sore, Cancer, Disease; can refer to a physical ailment; emotional damage or behavioural dysfunction with the potential to manifest physically. *Trance image; an open sore or lump*

**DADDY** (*Multi*) see Father, Mummy; a reference to one's father. *Trance image; one's father*

**DAGGER** (*Structural*) an instrument of harm, sharp emotional pain. *Trance image; a long, sharp dagger*

**DALLAS** (*Structural*) meaning unknown

**DAME** (*Multi*) see Person, Fellow; the feminine of the Fellow; a female of no real significance; a person who we meet, but if we do not see them again, we do not care. *Trance image; unknown*

**DAMN** (*Operational*) to sever; to cut off; to disassociate. *Trance image; varies, sometimes to remove from the whirlwind*

**DAMON** (*Structural*) meaning imprecise; from an ancient Sycillian legend when Damon was held as hostage for another man's freedom; has been found on people with physical diseases; to be trapped and held hostage; to be unjustly ill. *Trance image: Unknown*

**DAMSEL** (*Structural*) a vulnerable woman, maybe sexually vulnerable, also mischievous, playful; "damsel in distress"; a woman looking for her

"Lancelot"; can be codependent; seeking a rescuer; *Trance image; unknown*

**DANCE** (*Operational*) see Waltz; to move through life; to move smoothly; the dance of life; to eloquently do your job; I enjoy the dance of this class; to dance; I love dancing through life; *Trance image; to dance*

**DARK** (*Operational*) foreboding; negative emotions; unconscious repressions *Trance image, varies*

**DARKNESS** (*Structural*) unpleasant memories from the past; emotional emptiness; forboding *Trance image; varies*

**DARLING** (*Multi*) see Honey, Old Man; a term of endearment; also a valued part of the psyche; *Trance image; unknown*

**DARWIN** (*Structural*) meaning unknown; the capital city of Australia's Northern Territory; one of a metaphor group that references Australia's capital cities; maybe destruction due to the cyclone that devastated Darwin in the 70s *Trance image: unknown*

**DEAD** (*Operational*) see Ice; Frost; Kill; refers to emotional death or death of energy, drive, or purpose in life; the inability to achieve or follow through with drive or purpose in life. *Trance image; death and decay*

**DEAL** (*Operational*) to handle a problem. *Trance image; unknown*

**DEFEAT** (*Multi*) overcome; conquer; to fade away. *Trance image; to defeat in a battle*

**DELIVER** (*Multi*) to give; to be free of something; deliver me from this pain; I can deliver the curse of a sick wolf; to free; to release; to unchain. *Trance image; unknown*

**DEMON** (*Structural*) see Devil; a strong energy; not necessarily harmful; an energy that is hard to control; intense activity; restlessness. *Trance image; sometimes a thin red demon with horns, othertimes an erratic cloud in the desert*

**DESERT** (*Structural*) the frontiers of the unconscious mind; the beginnings of unconsciousness; where we go to meet/find ourselves; seclusion for growth purposes; our wilderness; the beginning of spiritual awakening is to walk in the desert. *Trance image; a large desert. Mountains to the right. The Ocean to the South and the Garden to the North. Many trances will start in the desert*

**DESERVE** (*Multi*) to perceive that one has a right to have something in return for actions done

**DEVIL** (*Structural*) see Demon; high energy; also destructive behaviour and emotions; a harmful pattern. *Trance image varies, sometimes a dark energy, sometimes an image of the devil*

**DIAMOND** (*Structural*) meaning imprecise; something of great value; a precious emotion; a hidden talent or gift. *Trance image; a large, multi sided shimmering diamond*

**DICE** (*Multi*) meaning imprecise; a take a gamble; a chance. *Trance image; unknown*

**DICK** (*Multi*) male penis; immature male energy. *Trance image; a healthy male penis*

**DIE** (*Operational*) see Death, Kill. Frost, Ice; emotional death; give up; defeat. *Trance image; various death images, also a to be frozen or unable to move*

**DINE** (*Operational*) to take in sustenance; to interact; to have fellowship; to connect. *Trance image; to eat or dine, have a feast, sometimes around a long table in the house*

**DISEASE** (*Multi*) something that is destroying; physical problem; a disease of the psyche. *Trance image. Diseased, withered, deformed*

**DISHES** (*Operational*) See Shed, Wash, Socks; meaning imprecise; sexual improprieties; past sins one is trying to wash. *Trance image; unknown*

**DIVORCE** (*Operational*) to sever; to totally disassociate. *Trance image; varies, sometimes to collapse a whirlwind around the image to be divorced*

**DOG** (*Structural*) see wolf; an immature form of the wolf. *Trance image; a dog*

**DOLPHIN** (*Structural*) meaning imprecise; a calm, soothing nature; gentle guide and wisdom. *Trance image; a dolphin swimming next to the ship*

**DON JUAN** (*Structural*) meaning unknown

**DOVE** (*Structural*) peace; the Holy Spirit. *Trance image; a dove*

**DRAGON** (*Structural*) meaning imprecise; maybe physical dexterity. *Trance image; varies*

**DUNE** (*Structural*) the barrier between consciousness and unconsciousness; the place we go when we day dream; to be standing halfway in between two worlds. *Trance image; low lying sand dunes between the beach and desert*

**EAGLE** (*Structural*) the part that sees ahead; intuition, insight; sees problems before they arise; *Trance image; a large, noble eagle with immense wing spread up to three feet wide. The Eagle works with the Wolf to help hunt and will frequently fly ahead of the Wolf in the desert*

**EAR** (*Structural*) the ability to hear and understand. *Trance image; an ear*

**EARL** (*Structural*) see Sultan, metaphor pair; the majestic part of the psyche; great, grand, noble; a teacher and leader; the part of Self that has already achieved all goals and dreams. *Trance image. A grand noble, middle aged man magnificently clothed sometimes in purple silks and flowing robes.*

**EARMUFF** (*Structural*) to be in denial; to not hear; selective memory. *Trance image: unknown*

**EARN** (*Multi*) see Money, Buy, Sell; an emotional exchange; to receive favours as reward for things done. *Trance image; financial transactions*

**EARTH** (*Structural*) see Heaven; to be grounded; stability; strength; relating to things of the earth as opposed to things of the spirit. *Trance image; the earth or rich dirt on the ground*

**EDEN** (*Structural*) see Garden of Eden; the beginning of life; the foundation stone for the Psyche; the place where the life-force is born; the place of beginning; the Architect of the unconscious; one meets self in the Garden; one goes to the Garden for energy; a place of renewal. *Trance image; see Garden Of Eden*

**EEL** (*Structural*) slippery, smooth nature; easily avoids issues and personal responsibility; elusive; to cleverly deceive oneself; to be in denial. This is a tough metaphor to deal with as people who run it will usually ignore the advice of reversals and/or go into denial *Trance image; an eel in ones path*

**EFFORT** (*Multi*) to exert; to try hard; to bring to the surface; to remain attached. *Trance image; to work hard*

**EGG** (*Structural*) see Anima, Animus, Nest; meaning imprecise; seems to refer to the original DNA of creation or the start of developing life. *Trance image; an egg sometimes in the nest*

**ELEPHANT** meaning unknown

**ELF/ELVES** (*Structural*) see Gnome; message centres in the brain; electrical impulses between the "parts" of the mind; "elves" - the messages from one part of the brain to the other. *Trance image; small elves no more than three feet tall sometimes appearing in the hundreds under the foliage of the*

*Garden. Elves building is a common image.*

**ELIJAH** (*Structural*) see Moses, Amos; meaning imprecise; one of the Old Testament prophets; a messenger of God. *Trance image; unknown*

**ELK** (*Structural*) nobility and pride; personal honour and strong, positive sense of self. *Trance image; a large Elk in the Garden Of Eden*

**ELVIS** (*Structural*) the King of Rock, Elvis Presley; superstar; well-known; on a high; self-destruction in achieving greatness; greatness that is easily weakened; to shoot for one's goal in a rapid fashion but to collapse and fail once getting there. *Trance image; Elvis Presley*

**EMBER** (*Multi*) meaning imprecise; simmering emotions; an idea brewing. *Trance image; varies*

**EMPIRE** (*Structural*) meaning imprecise; to plan ones future career; the direction of work; determination and intent of purpose. *Trance image, unknown*

**ENABLE** (*Operational*) to make something happen; to activate an unused metaphor. *Trance image; unknown*

**ENIGMA** (*Multi*) a puzzle; a hidden skill; natural abilities; mysterious; a metaphor. *Trance image; unknown*

**ENGLISH** (*Multi*) see London; meaning imprecise; prim proper attitudes; refinement; stubborn. *Trance image; unknown*

**ENTERPRISE** (*Structural*) meaning unknown; a new metaphor that has just begun to appear in 1995; possibly refers to the TV series Star Trek. Enterprise is the name of the star ship. *Trance image; unknown*

**ENVELOPE** (*Structural*) meaning imprecise; to send or receive a message. *Trance image; an envelope sometimes mailed in a letter box*

**ERASE** (*Operational*) to remove; to permanently eradicate. *Trance image; varies, sometimes to remove from the whirlwind*

**ERROR** (*Multi*) fault; to come short; an incorrect action or thought. *Trance image; varies, sometimes a spot on the sun*

**EUROPE** (*Structural*) meaning imprecise; possibly meaning one's roots or heritage. *Trance image; unknown*

**EVE** (*Structural*) see Adam; the spiritually matured, emotionally stable strong woman; perfect woman; as in Adam and Eve; the spiritual woman; innocence. *Trance image. Tall, attractive woman in the Garden Of Eden, usually brunette with moderate build*

**EVENT** (*Multi*) Meaning imprecise; an event in time; a significant event. *Trance image; unknown*

**EVIL** (*Structural*) the effects of a negative pattern; strong overpowering emotions; wrong, inaccurate, harmful; to fall short of one's potential; a situation that is operating less effectively than it could/should be. *Trance image; varies*

**EYE** (*Multi*) vision; insight; goals; dreams; intuition; to know and understand; *Trance image; an eye*

**F** (*Operational*) to fail; F for fail; to fall short. *Trance image; unknown*

**FACE** (*Structural*) the essence of Self; the real "I"; the Persona. *Trance image; seeing a face in water or a mirror*

**FAGGOT** (*Multi*) see Nigger; a term of disrespect; a weakened male persona; effeminate; also a homosexual. *Trance image; varies*

**FALL** (*Operational*) to make a mistake; to not achieve; to create a situation that is dangerous to the psyche; eg.: "He fell into danger". *Trance image; unknown*

**FALL** (*Structural*) the Fall from grace in the Garden Of Eden; the removal of power; loss of talents and ability. *Trance image; unknown. The Garden of Eden under trance usually appears in an innocent state*

**FAME** (*Multi*) well known, ones sense of self worth; to succeed. *Trance image; unknown*

**FANNY** (*Multi*) a vagina

**FANTASY** (*Multi*) see Walrus; something that is unreal; an illusionary creation of perceived reality. *Trance image; unknown*

**FARM** (*Structural*) wealth; material possessions; all that someone has; ones own Kingdom. *Trance image; a small farm in a field*



**FART** (*Operational*) see Shit, Ass; a word of great disrespect; to destroy a great talent with malice; He farted on me; to sour a relationship; to ruin something that was nice. *Trance image; to fart, a horrible smell in the whirlwind*

**FAT** (*Structural*) meaning imprecise; protection; energy resource; stored abilities. *Trance image; unknown*

**FATHER** (*Multi*) see Daddy; a reference to one's Father; a term of respect and honour; implies little emotional connection. *Trance image; one's father*

**FAUCET** (*Multi*) meaning imprecise; something to do with the flow of emotional energy. *Trance image; unknown*

**FAULT** (*Operational*) to criticise; to find fault in someone; sometimes it is a structural metaphor. *Trance image; unknown*

**FAX** (*Operational*) meaning imprecise; to fax, to send a message; a new metaphor since 1995. *Trance image; unknown*

**FEATHER** (*Operational*) to lighten a load; also refers to the structures of the unconscious beginning to shift. *Trance image; varies, sometimes a feather in the whirlwind*

**FEED** (*Operational*) to give or receive nourishment; to give energy of any description; "I will feed love."; primarily refers to emotional nourishment and emotional strength. *Trance image; feeding in the desert; the wolf attacking game; to eat from the fruit of the Garden*

**FEEL** (*Multi*) to experience emotions; empathy or rapport; also kinaesthetic predicate. *Trance image; to feel or touch*

**FEET** (*Structural*) good grounding; stability, movement, strength. *Trance image; varies, sometimes to have ones feet firmly planted in the earth, also walking forward*

**FELLOW** (*Multi*) see also Person, Dame; a male of no real significance; a casual acquaintance. *Trance image; unknown*

**FIB** (*Multi*) to lie; to tell an untruth; to deceive. *Trance image; unknown*

**FIDDLE** (*Operational*) meaning imprecise; to play with; sometimes in a sexual context; to manipulate; *Trance image; varies*

**FIELD** (*Structural*) meaning imprecise; a place of relaxation; to reconsider and rejuvenate; a dormant mental area between parts. *Trance image; a lazy green meadow*

**FIG** (*Structural*) see Leaf; from the Garden of Eden, Fig leaf; to protect; hide from shame; cover up from nudity. *Trance image; a fig leaf covering the body*

**FILM** (*Operational*) see Movie, Cinema; disassociated from an event and viewing it from outside; a life drama; life seen as a movie without personal connection; people who use "Film" tend to not take responsibility for their actions; eg.: "My job is like a movie/film/cinema"; also a thin covering of the eyes that can hinder intuitive

perceptions. *Trance image; a movie screen in the mind with images running; also a layer over the eyes*

**FILTH** (*Operational*) frequently found on people with major emotional turmoil; also nervous breakdowns; personal inadequacy; emotional overload; worthlessness; guilt. *Trance image; varies, sometimes dirt spinning in the whirlwind*

**FIRE** (*Structural*) strong emotions; high emotion for purification or cleansing; intensity; also protection by emotional energy. *Trance image; a large fire burning; sometimes this fire surrounds the Soul in the Mists of Heaven*

**FIREARM** (*Structural*) the delivery of intense emotions frequently to destroy or harm; behavioural sabotage; depressive emotions; may refer to an outside force or person causing destruction. *Trance image; unknown*

**FIRE PERSON** (*Structural*) someone with intense energy; great spiritual power; a healer and shaman. *Trance image; unknown*

**FISH** (*Structural*) meaning imprecise; possibly to seek a goal or an objective; obtain information; the objects of ones quest; implies a religious mission; fishers of men. *Trance image; fish swimming in a lake or the ocean*

**FIST** (*Structural*) to be assertive, to stand one's ground; to rule with a tight fist. *Trance image; a fist clenched tight*

**FIX** (*Structural*) to repair; get better. *Trance image; varies*

**FLAME** (*Structural*) see Fire; meaning imprecise; a sign post along the path; a guiding fire; an idea; inspiration; to desire; intensely involved. *Trance image; varies, sometimes a flame burning on the top of a staff*

**FLAW** (*Multi*) a fault, imperfection; *Trance image; varies*

**FLESH** (*Structural*) meaning unknown

**FLOOZY** (*Structural*) meaning imprecise; a part held in low regard; looses as in no morals; "batty"; low intelligence. *Trance image; unknown*

**FLOSS** (*Operational*) meaning imprecise; to clean. *Trance image; unknown*

**FLOWER** (*Structural*) hope; new life; beauty; to burst into life after a period of reflection. *Trance image; a flower blooming, frequently in the Garden Of Eden*

**FLY** (*Operational*) to be connected and flowing with the winds of unconsciousness; to live by faith and experience the true wonders of life. *Trance image; to fly on the wind*

**FOAL** (*Structural*) see Horse, Pony; meaning imprecise; a young horse; an innocent developing spirit; new spiritual insight; to make the first tentative spiritual steps forward. *Trance image; a young foal*

**FOAM** (*Operational*) high emotions and no torpid; foaming at the mouth; going crazy; a lot of activity but no meaning. *Trance image; varies, sometimes foam on the surf*

**FOB** (*Multi*) to ignore; to put aside; to procrastinate; to disregard. *Trance image; varies*

**FOG** (*Structural*) see Mist; the edge of the collective unconscious; an area of exploration within self; also a struggle to grasp a concept; something seen only dimly. *Trance image; varies*

**FOLD** (*Operational*) meaning imprecise; to reduce power; to put away; eg **Fold my whirlwind**. *Trance image; unknown*

**FONZIE** (*Operational*) meaning unknown; appears to refer to the TV character in the series "Happy Days". *Trance image; unknown*

**FOOD** (*Structural*) emotional or spiritual sustenance; energy source. *Trance image; varies, sometimes seen as a rabbit*

**FOOT** (*Operational*) see Feet

**FORCE** (*Structural*) force/source, metaphor pair; personal energy; the force that drives us; emotional strength; may refer to the strength gained from male/female relationships; personal or sexual power related to strength and energy; one of the prime functions of the unconscious mind is to collect Force. *Trance image; varies, sometimes a whirlwind*

**FOREST** (*Structural*) meaning imprecise; a place of exploration and freedom within the psyche; the home of metaphors. *Trance image; a forest; Shewolf traditionally lives in a high cave in the foresee*

**FOSSIL** (*Structural*) an old unused metaphor; also the remains of an old memory or past experience. *Trance image; varies*

**FOUL** (*Multi*) severely unpleasant; dysfunctional. *Trance image; usually a bad smell*

**FOX** (*Structural*) meaning imprecise; see Wolf, Cat; performs same function as hunter and protector but is more catlike, sneaky, devious, aloof; fox and wolf roles may sometimes be switched. *Trance image; a small sleek golden brown fox*

**FOXY** (*Operational*) not to be confused with Fox; functional and healthy love; "She is a foxy woman, She has everything I want". "She feeds me Foxy love"; dynamic love energy. *Trance image; attractive and charming*

**FRANCIS** (*Structural*) meaning imprecise; seems to refer to St. Francis of Assisi; the metaphor may mean a "Saintly" nature. *Trance image. Unknown*

**FREUD** (*Structural*) meaning imprecise; presumably from Sigmund Freud; appears to refer to the unconscious mind itself. *Trance image, unknown*

**FRIED** (*Operational*) to be burnt out; destroyed through overuse; an energy overload. *Trance image; unknown*

**FRIEND** (*Structural*) meaning imprecise; a part one is in good rapport with; sometimes the unconscious; a guide or helper; see Shadow. *Trance*

*image; a friendly young man, sometimes a mirror image of self*

**FROG** (*Structural*) transformation; to begin anew; the frog becomes a prince; sometimes magical powers are associated with this metaphor. *Trance image; a frog*

**FROST** (*Operational*) see Ice; meaning imprecise; emotionally disconnected; also sexual disjunction, to be shut off sexually. *Trance image; frost*

**FROZEN** (*Operational*) meaning imprecise; to be shut off emotionally; disengaged from life. *Trance image; a frozen lake; ice in the Garden*

**FUCK** (*Multi*) harm; hurt; intercourse; damage; sexual gratification. *Trance image; varies*

**FUNNY** (*Multi*) an unusual behaviour pattern; "I have a Funny Wolf"; peculiar; weird; not normal; not usually in the humorous sense. *Trance image; varies*

**FUR** (*Structural*) meaning imprecise; sexual attraction of some description. *Trance image; unknown*

**FUSE** (*Multi*) to join with, to work together. *Trance image; varies, sometimes to merge metaphors together in a whirlwind*

**FUSION** (*Operational*) see Fuse; the act of joining. *Trance image; varies*

**FUZZY** (*Operational*) unclear, not in good vision; one does not clearly understand; a concept is not fully formulated at present; something one

can't totally connect with. *Trance image; blurred, hazy unclear images*

**GAB** (*Multi*) see rave; to talk incessantly. *Trance image, varies*

**GABRIEL** (*Structural*) meaning imprecise; an archangel; the messenger of God. *Trance image; a large white, shining angel with long white silken robes*

**GAME** (*Operational*) a flippant attitude on life; an orchestrated series of events; disassociated from reality. *Trance image; unknown*

**GARDEN OF EDEN** (*Structural*) see Eden; the centre of the psyche; the gateway to the soul; a refuge; a place to grow; re-energising; *Trance image; a large lush garden lying to the North of the desert, sometimes separated from the desert by a large river*

**GARGOYLE** (*Structural*) a servant or protector; gentle spirit; shape shifter; sometimes two gargoyles guard the entrance to the Garden of Eden. *Trance image; large winged beings with horns and wiry build sometimes red in colour*

**GERM** (*Structural*) something invading the psyche; a thought or attitude that is poisoning the soul; also a derogatory term to someone else. *Trance image; varies*

**GHOST** (*Structural*) meaning imprecise; a weak spirit; the unconscious not in full form; the soul emerging; a troubled metaphor trapped in the whirlwind. *Trance image; a ghost image, transparent and shadowy*

*sometimes standing on the sand dunes between the beach and the desert*

**GIFT** (*Structural*) hidden talents and abilities. *Trance image; varies*

**GIRL** (*Structural*) the young, innocent, feminine child within; carefree spirit; the part of us that is free and outgoing; the part of us that is creative; sometimes an affectionate term for a lesbian partner; similar to Boy; soft, naive, trusting, caring, accepting; also the young child of the past that still lives. *Trance girl; a small girl*

**GIRLFRIEND** (*Multi*) a common metaphor; usually used by women referring to their friends; a close female bond. *Trance image; unknown*

**GNAWS** (*Operational*) as in “My wolf gnaws”, to chew upon something; to be thinking, processing; sometimes implies to not get fully involved with something or not fully understand. *Trance image; usually a wolf gnawing on something*

**GNOME** (*Structural*) see Elf; erratic activity; confusing mental messages; electrical signals in the brain that are not firing properly; a dysfunctional elf. *Trance image; a deformed elf*

**GOD** (*Multi*) see Sophie, Allah, Shiva; God as in God, the Almighty; references have also been found to god or gods in the plural form. *Trance image; the light of love beyond the mists of heaven;*

**GODDESS** (*Structural*) the part of us that can see the good, see the potential; can see long term goals; has hopes and dreams for the future. *Trance image; a beautiful woman with long blonde hair*

*and flowing silken robes. Sometimes sandals on her feet and a golden belt around her waist.*

**GOLD** (*Structural*) a symbol of personal happiness and spiritual wealth; to be fulfilled; also material success. *Trance image either gold or golden colour*

**GRAIL** (*Structural*) meaning imprecise; maybe a prize or goal; the goal of one’s quest in life; *Trance image; unknown*

**GRASS** (*Multi*) meaning imprecise; peace; living life; has also been found as a reference to marijuana. *Trance image; grass in the garden*

**GREY** (*Structural*) meaning imprecise; this metaphor has been found on people who claim to have had alien experiences eg: contact, possession, abduction, implants etc; presumably referring to alien greys. *Trance image; unknown*

**GRIEF** (*Operational*) as it says. *Trance image; to be in grief*

**GRILL** (*Operational*) meaning imprecise; a trial, tribulation. *Trance image; unknown*

**GROCERY** (*Structural*) meaning unknown; maybe the product of money; money buys groceries. *Trance image unknown*

**GUARD** (*Structural*) to protect; to hide. *Trance image; sometimes a roman soldier*

**GUN** (*Structural*) an aggressive move; to persuade with great force. *Trance image; a gun*

**GUY** (*Multi*) meaning imprecise; possibly a casual reference to a generic man

**GYPSY** (*Structural*) a carefree spirit; restless. *Trance image; unknown*

**HAG** (*Structural*) meaning imprecise; may be a pseudonym for Rocelin; has been documented as "hag in the forest". *Trance image; an old witch in a forest*

**HAIR** (*Structural*) see Fur; meaning imprecise; sexual connotations; may refer to pubic hair. *Trance image; unknown*

**HAMLET** (*Structural*) meaning imprecise; maybe a small town also the see the Shakespearian play. *Trance image; unknown*

**HAMMER** (*Structural*) to build something; to create with force; to make a point. *Trance image; a hammer*

**HAND** (*Structural*) to relate; point of contact; instrument of interaction; "I give you my hand in friendship". *Trance image; a hand*

**HANDLE** (*Structural*) meaning imprecise; to hold. *Trance image; unknown*

**HAREM** (*Structural*) meaning imprecise; many areas of stimulation; an abundance of sexual energy. *Trance image; a sex orgy with multi partners*

**HAST** (*Multi*) Old English meaning - "to have"; strong command; adds emphasis to reversal

**HASTEN** (*Multi*) from old English; to use or to get; to move with speed or urgency

**HATE** (*Operational*) repressed emotions; hatred; people running this metaphor are usually surprised to see it in their reversals and may not be in touch with the feelings; unresolved issues; resentments. *Trance image; varies*

**HAWK** (*Structural*) see eagle; meaning imprecise; keen intuition; aggressive insight. *Trance image, A hawk*

**HEAL** (*Operational*) to help; restore; bring together. *Trance image; varies*

**HEALER** (*Structural*) a part that has the ability to heal; also refers to another person with the ability to help. *Trance image; varies, sometimes a man in the garden*

**HEAD** (*Structural*) member of a group of metaphors that refer to parts of the body; meaning unknown. *Trance image; unknown*

**HEAR** (*Multi*) to listen; to understand; also an auditory predicate

**HEARSE** (*Structural*) a death wish; to give up; dark, black emotions; a metaphor that is already inactive. *Trance image; a long black hearse*

**HEART** (*Structural*) the source of emotions; emotional centre; where emotions are felt. *Trance image; a large cave behind a waterfall feeding the river of life in the Garden of Eden*

**HEATHEN** (*Structural*) an insult; one who has no faith; the part of the psyche

that does not believe in anything; no respect; the skeptic. *Trance image; varies, often an unspecified person*

**HEAVEN** (*Structural*) the centre part of the mind beneath the collective unconscious; peace, harmony; to give and receive grace and mercy. *Trance image; a large mist in the expanse of space*

**HEAVY** (*Operational*) painful; difficult; oppressive; heavy emotions or heavy vibes; difficult to deal with; a burden to carry; a heavy heart. *Trance image; unknown*

**HEBREW** (*Structural*) meaning imprecise; it can mean a Christian belief; possibly a buffer zone between the physical world and the unconscious. *Trance image; unknown*

**HEED** (*Operational*) to take notice

**HELENA** (*Structural*) meaning unknown; female metaphor. *Trance image; unknown*

**HELL** (*Operational*) an expression of displeasure; pain; suffering; harmful overpowering emotions; an undesirable situation; a self-created reality of despair. *Trance image; unknown*

**HELL PERSON** (*Structural*) meaning imprecise; this in an elusive metaphor that has been found on people who have charismatic, warm dispositions but with deep seated emotions and incongruities. *Trance image; unknown*

**HELM** (*Structural*) see also "Ship", "Surf", "Reef", "Ocean"; the deliberate conscious control of one's life or ship; to

chart one's direction. *Trance image; the helm of an old sailing ship*

**HELMET** (*Structural*) personal protection the precise nature of which is unknown; to prepare for battle. *Trance image; a helmet, often similar to the type worn by the Spaniards*

**HERB** (*Multi*) a remedy for illness, emotional, mental or physical; possibly a metaphor that releases specific chemicals in the brain; to unleash the body's natural power to heal. *Trance image; herbs growing in the Garden of Eden*

**HERCULES** (*Structural*) meaning imprecise; one of the ancient gods; a strong man. *Trance image; a strong muscular man*

**HERMAN** (*Structural*) see Nazi, Hitler; one of Hitler's right hand men; a partner with evil; to take orders and obey and also instigate destruction. *Trance image; unknown*

**HERO** (*Structural*) a noble man; a rescuer; the part of the mind that aspires to greatness. *Trance image; varies*

**HEROD** (*Structural*) meaning unknown; presumably referring to King Herod who killed all male children under the age of 2 in attempt to kill the Christ child; this metaphor has been found primarily when people have been talking forwards about business and commerce and it is presumed that its meaning lies in this area. *Trance image; unknown*

**HEX** (*Operational*) see Spell; almost like a curse; an enchantment; if one is "hexed", one has no control; a pre-

determined path or action over which one has no control; implies an external force or influence

**HIGH** (*Operational*) elated; feeling good; life is great

**HIGH HEELS** (*Multi*) see Lipstick, Makeup; meaning imprecise; a false front; a snobbish attitude; to think highly of one's self. *Trance image; wearing high heel shoes*

**HILL** (*Structural*) see Mountain; meaning imprecise; a lookout point; to observe on the hill; a fortress; safe place; separations in the mind. *Trance image; a small hill*

**HILLARY** (*Structural*) from Hillary Rodham Clinton. She became a metaphor not long after the Clintons moved into the White House; a controlling rigid attitude; to get in someone's face; an aggressive non-repentant person. *Trance image; unknown*

**HIP** (*Structural*) meaning unknown

**HISS** (*Structural*) meaning imprecise; noise, static; interference in the wind; contamination; also the sound of the snake. *Trance image; varies, static in the wind; an unclear vision*

**HITLER** (*Structural*) see Nazi, Auschwitz; evil; sadistic dominance; rigid attitudes; discipline with no love. *Trance image; unknown*

**HOME** (*Structural*) see House; refuge; security; safety; a safe part of our psyche; a place of comfort; stability; functional; a good sense of self; self-

sufficient; happy with self. *Trance image; a small cosy home sometimes located to the East of the desert*

**HONEY** (*Multi*) see also "Old Man"; a general term of endearment for the opposite sex; a term of affection

**HORN** (*Structural*) meaning imprecise; the devils horn; the manifestation of one's dysfunctional metaphor; *Trance image; varies, sometimes a horn growing out of the head*

**HORNY** (*Multi*) to be sexually aroused

**HORSE** (*Structural*) to move forward spiritually; to be in control of one's life with good rapport and intuition; spiritual progress; to seek truth. *Trance image; a horse often white*

**HOURLY** (*Multi*) a unit of time, not necessarily an hour; a specific point in time. *Trance image; unknown*

**HOUSE** (*Structural*) see home; a metaphor for the mind with house being the totality of mind and rooms in the house representing specific mental functions or parts of the mind. *Trance image; a multi roomed two-story house*

**HOWL** (*Operational*) a deep cry from within; can be a call for companionship; to seek; to make one's presence felt; sometimes a cry of agony or deep sorrow; the need for the "wolf pack". *Trance image; a wolf howling*

**HUNGRY** (*Operational*) a lack of emotional or spiritual sustenance. *Trance image; weak and emancipated in the desert*



**HURL** (*Operational*) to remove; to throw far away in disgust; to sever violently. *Trance image; varies*

**HUSBAND** (*Structural*) see Wife; meaning unknown

**HURL** (*Operational*) to throw away with force; to fling away in disgust; rapid severing; a future tense prediction; take great note. *Trance image; unknown*

**HYENA** (*Structural*) meaning imprecise; deceptive, cunning, conniving; not to be trusted; ulterior motives; self interests. *Trance image, a hyena*

**HYMN** (*Operational*) to work with eloquence; personal satisfaction; spiritual fulfilment. *Trance image, varies*

**I AM** (*Structural*) matured spirituality; great sense of the power of self and one's own self worth; I AM meaning I am God; a divine nature. *Trance image; unknown*

**ICE** (*Structural*) see Frost, Cold; to freeze over or completely disassociate, lack of emotions, the touch of death. *Trance image; Ice*

**ILIAD** (*Structural*) meaning imprecise; also known as Achilles; a mighty warrior who has a weak point; greatness that can be defeated. *Trance image; unknown*

**ILL** (*Operational*) see Sick, metaphor pair, softer version; to be feeling unwell; physical sickness. *Trance image; to be feeling unwell*

**ILLUMBUS** (*Structural*) meaning unknown

**INK** (*Operational*) meaning unknown

**IN LOVE** (*Operational*) to be totally immersed in someone or something; usually found in first level context; the love of romance; there is a distinct difference between loving someone and being IN love. *Trance image; unknown*

**IRENE** (*Structural*) meaning imprecise; a new metaphor that began appearing in mid 1996; a goddess of peace and tranquillity; innocence, gentle love. *Trance image; unknown*

**ISAAC** (*Structural*) the emergence of a new spiritual power; the young prophet of truth; to speak truth, honour and integrity; this metaphor has often been found in conjunction with the metaphor "boy. *Trance image; a young prophet in sheepskin*

**ISIS** (*Structural*) see Damsel, Lass; the metaphor for sensuality; sexual passion; to give birth to new ventures; woman with Isis metaphors can be highly fertile or sexually aggressive; Isis may also have baggage such as jealousy, manipulation, possessiveness. *Trance image; voluptuous full breasted Goddess with full black shining hair*

**ISLAND** (*Structural*) meaning imprecise; a separate part of the psyche. *Trance image; a small island in the ocean*

**ISRAEL** (*Structural*) meaning unknown

**IVY** (*Structural*) the effects of the past influencing the present, also the

preservation of the past. *Trance image; ivy growing usually on a house*

**JASON** (*Structural*) from the myth of Jason and the Argonauts; a noble explorer and traveller; an adventurer. *Trance image; unknown*

**JERUSALEM** (*Structural*) a place where one can learn from the Prophets; a source of spiritual teaching and growth; the centre of spiritual progress. *Trance image; the ancient city of Jerusalem with columns and fountains and a large central library*

**JESUS** (*Structural*) a spiritual guide; a mentor; positive emotions; to heal. *Trance image; the traditional image of Christ*

**JOSEPH** (*Structural*) meaning unknown; may refer to the Biblical character, Joseph whose father made him a special multi coloured coat and his brothers later sold him into slavery where he eventually became the king. *Trance image; unknown*

**JUDAS** (*Structural*) refers to Judas Iscariot who betrayed Christ for 30 pieces of silver; to betray; also a powerful spiritual being with karma to settle. *Trance image; unknown*

**JUICE** (*Operational*) sexual nourishment or energy "Woman" can give; the essence of femininity something desirable. *Trance image; varies, sometimes a moist vagina*

**KID** (*Structural*) meaning imprecise; a young part of the psyche. *Trance image; unknown*

**KILL** (*Operational*) to make ineffective; to permanently deactivate something. *Trance image; to kill a metaphor, make it fade away, send to the mountains*

**KINGDOM** (*Structural*) a large separate part of the unconscious mind; there are many Kingdoms in the deep psyche eg.: Eden, Elves, Rome, Camelot etc. *Trance image; varies depending on kingdom depicted*

**KISS** (*Operational*) see Lick and Touch; to connect deeply; to interact; to touch with significance; actual connection with someone or something; touch, lick, kiss - progressive contact. *Trance image; to kiss or embrace*

**KNAVE** (*Structural*) a servant; a young man; an apprentice knight. *Trance image; unknown*

**KNEE** (*Structural*) part of a group of metaphors that refer to parts of the body; to be humbled; submissive; to learn; to kneel before God. *Trance image; varies, sometimes to be on ones knees*

**KNIGHT** (*Structural*) from the legend of Camelot; a champion; a mighty warrior. *Trance image; a knight in shining armour*

**KNIT** (*Operational*) to create a behavioural pattern; possibly to actually shift the collective to bring these patterns to you; to knit the threads of your life. *Trance image; unknown*

**KRISHNA** (*Multi*) meaning unknown; an aspect of God

**LADDER** (*Structural*) to see Rope climb ones way out of trouble; to help ones self; a solution to a problem. *Trance image; a ladder*

**LADDIE** (*Structural*) see lassie; happy, carefree male energy, sometimes internal energy, other times external, seen used by women looking for a carefree man. *Trance image; unknown*

**LADY** (*Multi*) a casual term of recognition for the female sex. *Trance image; a lady*

**LAKE** (*Structural*) see water; emotions; also to clean *Trance image; A lake*

**LAMB** (*Structural*) see Anima, Animus, Nest, Saviour, Shepherd; a prime structural metaphor; innocence; pure, gentle spirit; the original untainted metaphor; the innocent seed of life; the corner foundation stone from which all other metaphors are born; if the lamb is cursed or dysfunctional then the rest of the psyche will also be compromised - take great note if this situation exists *Trance image a young innocent lamb, sometimes in the nest, sometimes being carried by the saviour. The general appearance the lamb under trance is very significant*

**LANCELOT** (*Structural*) see Knight; the perception of the perfect man; knight in shining armour; the part of self that wants to rescue the damsel in distress; a man on a quest; the saviour; women will often refer to their Lancelot; tends to be used more by women referring to the man they are looking for; Lancelot is the best of the best; an adventurer. *Trance image; a knight on his horse, frequently without armour*

**LANTERN** (*Structural*) guidance; to be illuminated; hope; life; a vision for the future. *Trance image; a dim light in the distance*

**LASS** (*Structural*) see Lassie; Damsel, Isis; similar but softer meanings; a free feminine, mischievous part of the psyche. *Trance image; a young innocent girl full of life*

**LASSIE** (*Structural*) see Lass; the carefree spirit within; the female child that is free and innocent. *Trance image; a young girl with silken clothes.*

**LAST NIGHT** (*Operational*) an event or small period of time in someone's recent past, sometimes with undesirable aspects. *Trance image; an unpleasant scene in the whirlwind of the south*

**LAUGH** (*Operational*) to be light hearted; to laugh; to be free. *Trance image; unknown*

**LAUNCH** (*Operational*) to begin; to create something new. *Trance image; varies*

**LAW** (*Structural*) the laws of conduct; moral code; the programs of behaviour; a predetermined behavioural action or pattern. *Trance image; varies, sometimes a large law book, also the lining of the nest as in twigs etc.*

**LAWMAN** (*Structural*) see Sheriff, Marshal, Officer; lawman implies a rigidity; no flexibility; enforcing laws with no purpose; *Trance image; an outlaw pretending to be a sheriff, rough exterior with a fake badge*

**LAY** (*Operational*) to agree; to join with; also to have sex. *Trance image; unknown*

**LAZARUS** (*Structural*) new life; the hope of new life following death of some aspect of the psyche; to be born again; to recover from tragedy; Jesus raised Lazarus from the dead. *Trance image; a corpse coming to life out of a tomb, often in the garden*

**LEAF** (*Structural*) see Fig, fig leaf; to cover ones nudity; to hide from shame; to protect ones innocence. *Trance image; a fig leaf covering the body*

**LEAP FROG** (*Structural*) meaning unknown

**LEMON** (*Multi*) meaning imprecise; something not working as in that car is a lemon; a sabotage pattern; low self esteem *Trance image; unknown*

**LESSON** (*Operational*) usually life's lesson, spiritual lesson, karmic lesson; the potential for improvement after a mistake; the unconscious mind sees life as learning lessons; a spiritual revelation. *Trance image; unknown*

**LETTER** (*Structural*) see mail; a means of transference of unconscious messages; to send ones self a reminder. *Trance image; to send a letter into the whirlwind*

**LIBRARY** (*Structural*) see Album, Book; a collection of life experiences; memories; life's lessons; also the accumulation of collective unconscious knowledge. *Trance image; a library in the house*

**LICK** (*Operational*) see Touch and Kiss; to connect softly; to flirt; to pursue a new contact further; to explore; to check something out. *Trance image; to lick*

**LIE** (*Multi*) to tell an untruth; to be incongruent. *Trance image; varies*

**LIFT** (*Operational*) to support; to hold up; to get started; "Lift my Wolf". *Trance image; to lift something up*

**LIGHT** (*Operational*) to understand; to perceive truth; motivation; an insight; an intuition; a flash; also to reduce a burden. *Trance image; light shining or a sunbeam*

**LIME** (*Structural*) meaning unknown

**LION** (*Structural*) meaning imprecise; a metaphor for love; the ability to connect with others; confident strong, dynamic transforming love; to rule with love. *Trance image; a large full Lion*

**LIP** (*Operational*) to communicate, to connect. *Trance image; unknown*

**LIPSTICK** (*Structural*) fancy surface projection; to look nice; to wear a mask *Trance image; to wear lipstick*

**LITTLE BABY** (*Structural*) see "Baby"; meaning imprecise; innocence; an affectionate term. *Trance image; a little baby*

**LITTLE ONE** (*Structural*) a term of affection for the soul or spirit *Trance image; unknown*

**LIVER** (*Structural*) to purify and cleanse emotions; as the liver of the

body cleans the blood, the liver in reverse speech cleans the emotions; the ability to get rid of rubbish; to move beyond emotional chaos. *Trance image; still vague; possibly a filter in the river of life at the entrance of the cave*

**LOCK** (*Operational*) typically refers to a stuck behavioural pattern or metaphors locked into inaction; also trapped or sealed up; secure; two opposing forces at odds with each other; *Trance image; varies, sometimes an irregularity in the flow of the whirlwind, other times an ocean lock at the entrance of the bay on the ocean*

**LOCUST** (*Structural*) meaning imprecise; a distraction; an annoyance that can destroy. *Trance image; unknown*

**LONDON** (*Structural*) a "proper" attitude; organised; rigid behaviour; hangs onto things tighter than normal; formal. *Trance image; old London town*

**LOOSE** (*Multi*) to free forcibly as in cast out a demon. *Trance image; unknown*

**LOOT** (*Structural*) meaning imprecise; possibly part of the money group referring to emotions as a means of exchange. *Trance image; unknown*

**LORD** (*Structural*) that which is in control; the main "control" metaphor; that which is of prime importance in life. *Trance image; varies, It may sometimes appear as the actual metaphor that is the Lord*

**LOST CITY** (*Structural*) hidden knowledge; psychic abilities; collective

unconscious information *Trance image; an ancient city in the desert*

**LOUSY** (*Operational*) unpleasant; not functioning. *Trance image; something unpleasant*

**LOVE** (*Multi*) this word has a unique pronunciation in Reverse Speech - a nasal sounding "l-u-u-u-v"; many meanings depending on context & level, usually affection or emotional attachment to a person, idea, behavioural pattern etc.; where one's energies and attachments lie; a force of attraction; the word does not necessarily indicate love in the traditional sense; not to be confused with "In love"; the key to the interpretation of this word is complementarity. *Trance image; varies, sometimes appears as a small ball of light other times as the Metaphor Lion. It can also be expressed as a merging in the whirlwind or a simply embrace*

**LOVELY BIT** (*Multi*) sexual organs; vagina; clitoris. *Trance image; varies*

**LOVER** (*Structural*) the part of us that can give and receive love; a warm affectionate aspect of self; may also refer to one's sexual lover or partner. *Trance image; varies*

**LUCIFER** (*Structural*) see Gabriel, Michael, Satan; stems from the legend of Lucifer, the highest, wisest and most favoured of all God's archangels. He sought equality with God and was cast from heaven to become Satan. The meaning of the metaphor is complex; it refers to high energy, creativity, great intelligence and intuition; a powerful leader; master manipulator; Lucifer is neutral - it can be used for good or evil

depending on associated metaphors. *Trance image; a magnificent being radiating power and light*

**LUMP** (*Multi*) a scar or damage on the psyche; can also refer to physical damage, a lump or growth *Trance image; varies, sometimes a lump in the whirlwind*

**LUSH** (*Operational*) sexually passionate; a lush - a touch feeling person; needs physical contact. *Trance image; unknown*

**LUST** (*Operational*) a strong desire or need; strong sexual attraction; passion. *Trance image; unknown*

**LUTHER** (*Structural*) presumably from Martin Luther King; social justice; racial prejudice. *Trance image; unknown*

**MADNESS** (*Operational*) powerful internal energies that are unchanneled; confusion, chaos. *Trance image; varies, sometimes a chaotic whirlwind*

**MAGGOT** (*Structural*) an emotional dysfunction; defeating attitudes; unresolved issues affecting the present. *Trance image; maggots crawling*

**MAGIC** (*Operational*) a miraculous change; something wondrous; delightful; also a "spell" as in magical transformation. *Trance image; unknown*

**MAGICIAN** (*Structural*) see Aladdin; the power within that can create wonders; enchanter; magic worker; enticing, extroverted personality; the part that can overcome obstacles; also to manipulate others. *Trance image; varies,*

*sometimes the stereotypical stage magician*

**MAIL** (*Operational*) meaning imprecise; to send something into the collective unconscious; the transference of unconscious messages; to deliver a message. *Trance image; to post something in a letter box*

**MAKE LOVE** (*Operational*) to connect deeply in a positive nurturing manner; to help and enhance; to have positive and healthy physical sexual relations. *Trance image; varies*

**MAKEUP** (*Operational*) see Lipstick; a fancy exterior, a mask; self delusion covering deep issues. *Trance image; a metaphor wearing heavy makeup*

**MAN** (*Structural*) the image of man; Man, Woman; Man in the purest sense; the spiritual Man; a male of great importance; not to be confused with "men" which is generic to males in general. *Trance image; varies, often the image of one's stereotypical male*

**MANNA** (*Structural*) spiritual food from the old testament where God sent Moses and the people of Israel food from heaven; to nurture one's soul. *Trance image; white snow type flakes.*

**MANOR** (*Structural*) meaning imprecise; see villa, house; maybe a place of serenity; a secure, stable part of the mind; *Trance image; unknown*

**MANORA** (*Structural*) meaning unknown; the holy candle holder before the temple of God; traditional holds seven candles; a powerful apocalyptic metaphor; it was located when seeking a

metaphor for the healing enzyme at the base of the brain and has been seen a couple of times in the context of spiritual hunger and enlightenment. *Trance image; unknown*

**MARIJUANA** (*Multi*) meaning imprecise; sometimes as it says; a positive feeling; also to be "spaced out" dreamy, not in reality; possibly processing information. *Trance image; marijuana or to smoke a joint*

**MARK** (*Structural*) see Beast; to be harmed; damage on psyche; a dysfunctional metaphor also spiritual damage *Trance image; varies, sometimes a black spot in the whirlwind on or the sun*

**MARKET** (*Structural*) meaning imprecise; appears with money, buy, sell; an arena for exchange of energies. *Trance image; a market place in Rome or Jerusalem*

**MARS** (*Structural*) meaning imprecise; the god of war; a warlike nature. *Trance image; unknown*

**MARSHALL** (*Structural*) meaning imprecise; guarder of personal behaviour; well-defined boundaries; similar to Sheriff although stronger. *Trance image; a US Marshall, large and well dressed*

**MARTIN** (*Structural*) see Roxanne; meaning imprecise; a mating call; martin is the male seeking the woman Roxanne; the source of this scenario is unknown but it is a theme in reverse speech. *Trance image; unknown*

**MASK** (*Operational*) a covering of the real self; a projected image. *Trance image; to be wearing a mask*

**MAST** (*Structural*) to move forward in life; essential to life's movement. *Trance image; the mast of the ship that holds the sails that catches the wind*

**MASTER** (*Structural*) the one with control; organiser; teacher; sometimes a spiritual master. *Trance image; unknown*

**MAYOR** (*Structural*) meaning unknown

**MEADOW** (*Structural*) generally refers a place of rest; one's home; also used in situations of marriage where the meadow refers to the basis or grounding of the marriage. *Trance image: a green meadow*

**MEDICINE** (*Structural*) see Herb, Serum, Flower; a cure; to rescue; a relief from an unpleasant situation; a change. *Trance image; varies*

**MELBOURNE** (*Structural*) meaning unknown, part of a metaphor group that uses Australian capital cities. *Trance image: the city of Melbourne*

**MELLOW** (*Multi*) relaxed; passive

**MEN** (*Multi*) generic term for the male gender; see also Man

**MERLIN** (*Structural*); from the legend of Camelot, Merlin the Magician; personal magnificence, magical power. *Trance image; old man with flowing white beard, sometimes purple robes*

**MESS** (*Multi*) emotional chaos; disruption; self sabotage. *Trance image;*

*mess and garbage flying around in the whirlwind*

**MESSAGE** (*Operational*) an instruction usually from the unconscious. *Trance image; sometimes a scroll*

**MESSIAH** (*Structural*) a saviour; a rescuer; also refers to Jesus Christ, the Messiah. *Trance image; unknown*

**MICHAEL** (*Structural*) see Gabriel, Lucifer, Satan; meaning imprecise; one of the three archangels of God; Michael was in charge of all of God's armies. *Trance image; unknown*

**MICROPHONE** (*Structural*) a suspicion that one is being recorded; a reference to reverse speech. *Trance image; unknown*

**MIDDLE** (*Structural*) meaning imprecise; usually treated as the emotional centre. *Trance image; unknown*

**MILK** (*Structural*) nourishment; healing; nurturing; female energy; the essence of femininity. *Trance image; milk*

**MIRROR** (*Structural*) to see one's self; self recognition; has sometimes been found referring to reverse speech; also to manifest. *Trance image; unknown*

**MISERY** (*Multi*) as it says; immense sadness; to be totally dissatisfied. *Trance image; unknown*

**MISSION** (*Structural*) a quest; a goal; usually with religious-like fervour; a fanatical drive; ones purpose in life. *Trance image; varies, sometimes*

*walking north in the desert or sailing into the sunset*

**MIST** (*Structural*) see Fog; the barrier between unconscious and collective unconscious; the mists of heaven, the home of the soul; the deepest area of consciousness; also to process new information. *Trance image; mist in deep space beyond the boundaries of earth*

**MOCK** (*Operational*) to ridicule; to deny importance. *Trance image; unknown*

**MOMMY** (*Multi*) see Mother, Daddy, Father; a child like reference to one's mother; one of the first sounds uttered backwards by the developing child; a flashback to the past; maternal influence in upbringing; a call for nurturing; the creation of metaphoric structures by the law of one's mother. *Trance image; one's mother*

**MONEY** (*Operational*) see Buy, Sell, Refund, Cash etc. emotional energy; the transfer of energy and emotional resources; an emotional barter. *Trance image; varies, sometimes money*

**MONSTER** (*Structural*) see Beast; meaning imprecise; deeply repressed energies or emotions lurking in the depths of unconsciousness; one's hot point or deepest fear. *Trance image; varies*

**MOOSE** (*Structural*) see Elk; strength, honour, integrity; to move forward steadily to ones goal. *Trance image; a moose*

**MORPHINE** (*Structural*) meaning imprecise; a generic drug. it has been



found in reverse when a variety of different drugs and medications have been discussed forward. *Trance image; unknown*

**MOSS** (*Structural*) see Ivy; the influences or memories of the past, sometimes beneficial, sometimes not. *Trance image; moss growing usually on a rock or grass*

**MOSES** (*Structural*) see Amos, metaphor pair; a prophet or messenger of God; the part of us that has divine guidance; to hear the voice of God, or lessons from the collective unconscious. *Trance image; an old prophet with sack cloth and long flowing white hair. Sometimes carrying a staff and stone tablets*

**MOTHER** (*Multi*) see Mommy; a term of respect for one's mother; implies little emotional connection. *Trance image; one's mother in a larger than life role*

**MOUNTAIN** (*Structural*) meaning imprecise; maybe to make a metaphor dormant as in to send to the mountains to sleep; othertimes it is a monument to conquest; a separation between major parts of the mind. *Trance image; a large mountain range located to the west of the desert between the sea and desert*

**MOVIE** (*Operational*) see Film, Cinema; disconnection from life; non-attachment to event; seeing life as a movie. *Trance image; mental images projected onto a large screen*

**MUCK** (*Operational*) bad habits; bad situation; shit; a mess to clean up; also as a verb, to muck. *Trance image; mess in the whirlwind or junk in a swamp*

**MUD** (*Structural*) sluggish; to be stuck in mud; bogged down; unable to move forward; sometimes unable to see. *Trance image; a thick mud pit*

**MURDER** (*Operational*) to emotionally destroy; to harm; to suppress. *Trance image; to kill, cut off the head; to put to sleep; send to the mountains*

**MUSCLE** (*Structural*) personal strength or stamina. *Trance image; unknown*

**MUSIC** (*Operational*) see Waltz, Dance; something pleasant; positive energy; opening of the heart; to move or operate smoothly; to be called by the charms of another. *Trance image; the sounds of music sometimes in the wind blowing across the desert*

**MUSSEL** (*Structural*) meaning imprecise; the mussel of a dog; to keep quiet; repressed. *Trance image; unknown*

**MUST** (*Multi*) insistence; dominance; control; a command. *Trance image; to insist or force*

**MUSTARD** (*Structural*) the birth of a powerful faith; Christ said that if you have faith as small as a mustard seed you could move mountains; personal power *Trance image; unknown*

**MYSTIC** (*Structural*) meaning imprecise; a mystical part of the psyche; third world wisdom; magical and elusive helper. *Trance image; unknown*

**MYTH** (*Structural*) see Walrus; an illusion, a false belief; a fantasy. *Trance image; unknown*

**NAIL** (*Structural*) see Hammer; to build; to hold together; sometimes used to secure someone's fate as in the final nail in the coffin. *Trance image; a nail*

**NAKED** (*Operational*) see Nude, metaphor pair; to be exposed willingly; freedom; fulfilment; uninhibited; nothing to hide. *Trance image; to be naked in the garden of Eden*

**NAME** (*Structural*) the representation of self; our identity; who we are is encoded into the metaphoric structure of our name; it is the totality of self: *Trance image; varies but usually a name plaque which ones name written on it*

**NANCY** (*Structural*) meaning imprecise; has something to do with a jealous woman and subversion of enterprise. *Trance image; unknown*

**NASTY** (*Operational*) unpleasant; ineffective

**NAZARENE** (*Structural*) meaning imprecise; may refer to the historical figure Jesus Christ; the human aspect of Christ; Jesus the Nazarene; positive spiritual power, compassion, wisdom from the unconscious; spiritual guide. *Trance image; the stereotypical image of Jesus the man dressed in robes*

**NAZI** (*Structural*) see Hitler, Adolph; evil, domination, to dictate one's will, to conquest *Trance image; a world war two German soldier*

**NECK** (*Structural*) meaning imprecise; connects the body and mind; energy conduit. *Trance image; unknown*

**NEED** (*Multi*) strong desire; essential for emotional survival. *Trance image; varies*

**NEEDLES** (*Structural*) meaning unknown

**NEMUS** (*Structural*) meaning imprecise; new knowledge and wisdom; a gift of wisdom bestowed as a reward for accomplishments; the keeper of the gnosis (word). *Trance image: unknown*

**NERVE** (*Structural*) meaning imprecise; sometimes a reference to actual body nerves *Trance image; unknown*

**NEST** (*Structural*) a place of safety & security; to nurture; also appears as a place of original growth and creation. *Trance image; a typical bird nest image sometimes in the Garden of Eden or on the beach shore*

**NET** (*Structural*) to be caught in an emotional trap; a sea of emotions; to contain ones emotions. *Trance image; a net*

**NETHER** (*Operational*) meaning imprecise; from Peter Pan and the Netherland; a fantasy, an illusion; sometimes a goal to aspire to that may be unattainable; also a metaphor yet to be manifested. *Trance image; unknown*

**NEW ZEALAND** (*Structural*) meaning imprecise; a dream place of safety or beauty; a "Shangri-La". *Trance image; unknown*

**NEXUS** (*Structural*) a bond or link, a connection; a passageway between

regions of consciousness. *Trance image; varies*

**NIGGER** (*Structural*) see Ass, Shit; a derogatory term, regardless of race; an insult; dysfunction in life; to be attracting rubbish; to destroy ones power. *Trance image; a Negro, usually several niggers at once haunting white men in the desert*

**NIGHTMARE** (*Operational*) tapes from the past repeating; a nightmare; demons in the mind tormenting; the call of conscience; guilt. *Trance image; used in feedback style to create effect in an image*

**NIMROD** (*Structural*) see also Rocelin; a powerful metaphor; the first king of Babylon; the inventor of money; an insatiable quest for money; power and control; no compassion or sense of fair play or law-abiding attitude. *Trance image; a mighty kind, sometimes red*

**NINERVA** (*Structural*) the reluctant prophet; to be avoiding one's life mission; to run away from God; to desperately seek ones quest but be unable to find it because of rigid attitudes and unjustified fear; Ninerva was a town in the Old Testament. God called Jonah to prophesy to Ninerva but Jonah refused and ran away on a ship. So God called a storm to arise and whale swallowed Jonah and spat him out on the shores of Ninerva. He reluctantly spoke God's message, Ninerva repented and Jonah was upset. He wanted God to punish them, not have them repent. *Trance image; unknown, used more in reversal feedback fashion*

**NIXON** (*Structural*) meaning imprecise; refers to the late President Richard Nixon; to fall from greatness; mistrust; brilliant negotiator with the potential for self-deception. *Trance image; unknown*

**NOAH** (*Structural*) from Noah in the Bible who built the ark to save the human race from the great flood; meaning imprecise; to save, rescue. *Trance image; unknown*

**NOISE** (*Operational*) meaning imprecise; mental chatter; the faint sound of the winds of unconsciousness. *Trance image; a noise in the background*

**NOOSE** (*Structural*) see Rope, metaphor pair; an instrument of self-destruction. *Trance image; a noose tied in a rope*

**NOSE** (*Structural*) to explore, check out, look into things. *Trance image; the nose*

**NOTE** (*Structural*) a message from the unconscious; a communication between parts. *Trance image; unknown*

**NOZZLE** (*Structural*) meaning unknown

**NUDE** (*Operational*) see Naked, metaphor pair; to be exposed and not liking it; uncomfortable; oppressed, fear, inhibited; to be shut down emotionally. *Trance image; to be naked and uncomfortable, sometimes wearing a fig leaf in the garden*

**NUKE** (*Operational*) to destroy; short version of nuclear; as to destroy with a nuclear bomb; to "nuke" something. *Trance image; to blow up*

**NUMB** (*Multi*) to be in shock; to have no feelings; to have no regard. *Trance image; varies, sometimes to be covered in ice*

**NURSE** (*Operational*) to look after; to help grow; to nourish. *Trance image; varies*

**NURSE** (*Structural*) a part of the mind that can nurture. *Trance image; a nurse*

**OASIS** (*Structural*) a source of relief; water is in the oasis; a life source in the desert. *Trance image; an oasis in the desert*

**OATS** (*Structural*) to plant and create; to sow new ground; food for nourishment; to grow and expand; to make ones influence felt; to sow wild oats. *Trance image; seeds, also fields of oats*

**OCEAN** (*Structural*) your life; your world; your environment; the waters of life; also the Collective Unconscious. *Trance image; a large Ocean located to the West of the desert*

**ODIN** (*Structural*) from Norse mythology, another name for God; he was a great warrior and a seeker of knowledge who achieved his goals but did so at the expense of personal happiness. Odin indicates a personality type that will continue to move forward in life seeking spiritual and emotional satisfaction but experience difficulty in this goal, possibly at the expense of personal and family happiness; the person may believe suffering is essential for personal growth. Odin will usually achieve his goals with steady work.

*Trance image; a mighty warrior, Viking like in appearance*

**ODOUR** (*Structural*) the ability to perceive; intuitive feeling; also sexual attraction; to entice. *Trance image; to smell under trance*

**OEDIPUS** (*Structural*) inappropriate sexual relations; perceived or factual depending on context; can be used to indicate a crossing of the line pertaining to a family member. *Trance image; unknown*

**OFFICE** (*Structural*) see Officer; the central operational centre of the mind; the part that organises all mental messages; elves go into the officer to collect the messages they take throughout the body; also a business-like part of the psyche; official and active. *Trance image; imprecise, maybe an office in the house*

**OFFICER** (*Structural*) see Office; meaning imprecise; the office administrator; facilitates the natural and ordered functioning of the mind. *Trance image; unknown*

**OGRE** (*Structural*) meaning imprecise; repressed memories; conscience; "demons" of the mind. *Trance image; varies*

**OLD MAN** (*Structural*) a wise part of the psyche; the old man within all of us just as the boy and the girl lives in all of us; sometimes found as a term of endearment or affection towards the opposite sex; used by women in reference to their men. *Trance image; an old man, frequently skinny with long*

*straggly white beard. Has frequently been found living in the mountains*

**OLIVE** (*Structural*) meaning unknown

**OMEGA** (*Structural*) see Alpha; meaning imprecise; the endlessness of God; the circle of life. *Trance image; unknown*

**OMEN** (*Operational*) a warning; an indication of future events. *Trance image; unknown*

**ON** (*Operational*) an internal command to activate a metaphor *Trance image; varies. Sometimes to create in the whirlwind, usually just to summon forth in trance*

**OPIUM** (*Structural*) see Flower, Rose, Opium; meaning imprecise; possibly part of a group of metaphors that refer to various types of flowers; healing properties; also may refer to the drug opium. *Trance image; unknown*

**ORGAN** (*Structural*) meaning unknown, sometimes an organ playing; has also been seen in reference to a sexual organ. *Trance image; unknown*

**ORPHAN** (*Structural*) to be destitute; spiritual void; all alone. *Trance image; unknown*

**OWL** (*Structural*) see Wisdom, metaphor pair; Owl is knowledge from conscious mind whereas Wisdom is from the unconscious mind; knowledge that one has reasoned with the intellect; earthly "wisdom"; the part that intellectually reasons and understands. *Trance image; an owl*

**OXYGEN** (*Structural*) source of personal strength or energy; emotional nourishment or relief; life giving; the breath of life. *Trance image; to breathe in oxygen*

**PADLOCK** (*Structural*) to keep locked up; to seal. *Trance image; a padlock*

**PASH** (*Operational*) aussie slang; to kiss; probably has a "looser" significance than kiss. *Trance image; varies*

**PASTOR** (*Structural*) a keeper of the sheep; a leader and instructor of people; also limited insight, narrow-minded; tunnel vision. *Trance image; unknown*

**PATH** (*Structural*) see Elf, Road; meaning imprecise; life's journey or quest; possibly a neural pathway; also a sidetrack on life's journey. *Trance image; a narrow winding path*

**PERFUME** (*Structural*) see Odour, Smell; to sweeten and heal; spiritually uplifting soothing odour; sometimes implies an attempt to alter or disguise. *Trance image; sweet smelling odour*

**PERSON** (*Structural*) see Fellow, Dame, metaphor group; someone of significance; an important person; someone who has had a great impact, influence or effect on the speaker either beneficially or detrimentally. *Trance image; unknown*

**PHASER** (*Structural*) see Rocket, Vulcan; part of newly evolving Sci-Fi metaphor group - see only since 92-93; meaning imprecise; an instrument of harm. *Trance image; a sci-fi ray gun*

**PHONE** (*Structural*) see Cellular; a line of communication from the unconscious mind to the conscious mind; also to connect with the outside world; a physical connection; to connect with someone else; *Trance image; a telephone sometimes in an old British style phone box*

**PIANO** (*Structural*) meaning imprecise; to operate smoothly, with eloquence; to play the music of life. *Trance image; unknown*

**PISS** (*Multi*) a term of disrespect; also to leave. *Trance image; varies*

**PLAN** (*Structural*) plans of the psyche; plans for life; life's purpose or mission. *Trance image; usually parchment or a scroll sometimes in the cave of the soul, or in the hands of Moses*

**PLANET** (*Multi*) can have many meanings depending on context; the planet earth; grounding, stability; also found on people who believe they have had ufo contacts. *Trance image; varies*

**PLASTIC** (*Operational*) see Lipstick, Makeup; false; shallow person; something temporary; surface projection. *Trance image; unknown*

**PONY** (*Structural*) see Horse, Foal; a metaphor found primarily in children; a need for security and stability; the young developing spirit. *Trance image; a little pony*

**POOF** (*Operational*) to ejaculate; to "get off"; emotions that reach a rapid climax and then dissipate; casual, brief involvement. *Trance image; unknown*

**POPPY** (*Multi*) see Flower, Opium; meaning unknown; part of a new developing flower group of metaphors; also opium is made from poppies. *Trance image; unknown*

**PORSCHE** (*Multi*) a symbol of material wealth; has been found across the board on people who do not own Porsches. *Trance image; a Porsche*

**POT** see marijuana

**POWER** (*Structural*) see Force, Sex; personal power; high energy; fulfilment; to be alive, strong and sure. *Trance image; unknown*

**PRAY** (*Operational*) to sincerely request; to pray to God. *Trance image; to be kneeling in prayer*

**PROFESSOR** (*Multi*) has only been documented to date as a sign of respect for another party who is a teacher. *Trance image; unknown*

**PROFIT** (*Multi*) see money; to receive emotional gain; to be satisfied. *Trance image; varies*

**PROGRAM** (*Structural*) see Sermon, Law, Verse; the programs of behaviour; fixed behavioural patterns based on the acceptance of Law; alters used as a verb, to program or alter without consent. *Trance image; unknown*

**PROPHECY** (*Operational*) a belief in a certain life's destiny; has been seen as an actual prophecy or future prediction from the soul. *Trance image; unknown*

**PROPHET** (*Structural*) a messenger of God; one who chosen by God; A Divine mission. *Trance image; unknown*

**PROUD** (*Operational*) meaning imprecise; as it says; often means false pride; inability to be flexible. *Trance image; unknown*

**PURSE** (*Structural*) see Money, Buy, Sell; what one carries money in; the part of the mind that houses emotions; emotional resources. *Trance image; varies, sometimes a purse*

**RA** (*Structural*) meaning imprecise; a powerful and rare metaphor; appears to refer to the Egyptian sun god. *Trance image; unknown*

**RABBIT** (*Structural*) food for the wolf; an image of physical need and supply. *Trance image; a small rabbit*

**RABID** (*Operational*) mad; crazy; out of control; insane; as in rabid dog. *Trance image; unknown*

**RAKE** (*Operational*) meaning imprecise; to collect; to gather. *Trance image; unknown*

**RAM** (*Structural*) meaning unknown; a male sheep. *Trance image; a ram*

**RAMA** (*Structural*) meaning imprecise; holder of wisdom; possibly a doorway to and from the Collective Unconscious. *Trance image; an ancient thin man living in the backstreets of Rome down an alley way. Usually carries a set of scrolls*

**RAMSES** (*Structural*) meaning unknown; a new metaphor since 1996;

may appear in an ancient Rome or Egyptian setting; sometimes appears in the context of ancient wisdom. *Trance image; unknown*

**RAPE** (*Operational*) violate or forcibly intrude; to impose upon someone without consent. *Trance image; unknown*

**RAVE** (*Multi*) to babble; meaningless chatter; useless talk; empty words; rhetoric. *Trance image; to talk non-stop*

**RAVEN** (*Structural*) see Eagle, meaning imprecise; this metaphor rarely appears; it works with the wolf with the eagle but its exact role is unknown. *Trance image; a raven*

**RAW** (*Operational*) sensitive; hurt. *Trance image; varies*

**RAY** (*Structural*) see "Beam"; to empower or give energy. *Trance image; frequently a sunbeam*

**RAYMOND** (*Structural*) the source of this metaphor is unknown but it means indecision; to be unable to choose; stuck in the crossroads. *Trance image; a man standing at crossroads*

**RED** (*Structural*) see Mars; meaning imprecise; part of a metaphor group of colours; warlike nature; angry; intense energy. *Trance image; unknown*

**REEF** (*Structural*) an obstacle in life's journey; a sabotage pattern; to be stuck. *Trance image; a reef in the ocean*

**REFILL** (*Operational*) a desire for more energy. *Trance image; unknown*

**REFIT** (*Operational*) a change; a new way of thinking. *Trance image; unknown*

**REFUND** (*Operational*) see Money; to receive something back; usually associated with the loss of something; "Love is a refund". *Trance image; unknown*

**REINCARNATION** see Universe

**RELIEVE** (*Multi*) comfort, reduce. *Trance image; varies, sometimes water in the desert*

**REPEAT** (*Multi*) to repeat an action; repetitive behaviour. *Trance image; unknown*

**REVERSE** (*Multi*) to alter; the opposite; often alter behaviour or emotions; a complete turn-around; change directions; change paths; change thinking. *Trance image; varies, sometimes to reverse the direction of the whirlwind*

**RHYTHM** (*Operational*) to operate smoothly with precision; to be in the flow of the whirlwind. *Trance image; unknown*

**RIDDLE** (*Operational*) meaning imprecise; internal confusion; a mystery about self. *Trance image; unknown*

**RING** (*Structural*) meaning imprecise; connected to Magician and Sorcerer; possibly to secure; to signify ownership. *Trance image; unknown*

**RIVER** (*Structural*) see Heart, Garden; the River of Life in the Garden of Eden; a carrier of emotions; an outpouring of emotions; also a spiritual journey; a

place of peace, rest and rejuvenation. *Trance image; the River in the garden*

**ROAD** (*Structural*) see Path; meaning imprecise; life's journey; a major thoroughfare. *Trance image; a road in the desert*

**ROBOT** (*Structural*) see Cyborg; without emotion; automatic behaviour mindlessly repeating. *Trance image A robot*

**ROCELIN** (*Structural*) see Satan; from the tales of King Arthur in which the fairy Ninian robbed Merlin of his magic by seducing him in the forest of "Broceliande" (pronounced Rocelin); a very powerful metaphor - the vampire of the soul; to seduce by deception, frequently self deception; to steal power and energy; a demon in the guise of an angel appearing to heal and strengthen but is actually destroying; attractive, pretty, enticing but destructive; drain energy; to latch onto people; to demand attention; a vampirish personality; one who drains strength from others, particularly the opposite sex; manipulative; typically has a series of broken relationships; the tragedy with Rocelin is that people who run this metaphor will frequently think they are healers and helpers. It is also the hardest metaphor for people to accept, reversal denial and lack of unconscious consent for change is common. *Trance image; typically an old haggled witch dressed in black and living in a shack located in the dark part of the Garden to the West. Temperature and sunlight will usually drop as this part is approached*



**ROCK** (*Structural*) strength; stability; foundation. *Trance image; a large rock sometimes in the centre of the garden*

**ROCKET** (*Structural*) see Phaser, Vulcan; to travel fast; to excel; the means to great success. *Trance image; unknown*

**ROD** (*Structural*) see Staff; to be in contact with ones sexual energy and forces of the right brain, the rod is power, staff is wisdom. *Trance image, to be holding a rod*

**ROLLS** (*Operational*) a substantial quantity. I like money in rolls, lots of it. *Trance image; unknown*

**ROME** (*Structural*) see Caesar, Nimrod; one's own personal kingdom or world; to march forward in life; to expand ones kingdom; to conquer; success, wealth; ability to be in control of one's circumstances; super-confidence *Trance image; ancient Rome built on seven hills located to the North of the Garden of Eden. A large courtyard is located in the centre of Rome with a temple to one end*

**ROOF** (*Structural*) see House; meaning imprecise; a covering for the House, which is a symbol for the mind; to be waiting for one's salvation, biblical literature talks people waiting on the roofs of their house to be raptured. *Trance image; a roof of a house*

**ROOM** (*Structural*) see house; a specific part of the mind. *Trance image; a room in a house*

**ROPE** (*Structural*) see Noose - metaphor pair - the opposite of, see also ladder; a way out; an escape; a solution

to a problem as in "throw me a rope". *Trance image; a rope*

**ROSARY** (*Structural*) a idol; a substitution for real spirituality; a representation of power; what one values and worships; an object or belief with perceived but no value; a significant event in the past. *Trance image; unknown*

**ROSE** (*Structural*) see Flower, Opium, Herb; part of a group of metaphors referring to flowers and herbs. Each have a specific function the precise cause of which is unknown; Rose appears to be a metaphor referring to the opening of the heart or the emergence of one's Christ nature; *Trance image; a rose*

**ROT** (*Structural*) see Rubbish, Slime; decay or poison in the psyche; sometimes repressed emotions; a loss of meaning. *Trance image; slime pits, rotten foliage, slush and trash in the whirlwind*

**ROUTE** (*Structural*) meaning imprecise; a direction or path. *Trance image; unknown*

**ROW** (*Operational*) see Boat; to paddle ones way out of a problem; to move forward with much activity but little movement. *Trance image; to row a boat*

**ROXANNE** (*Structural*) see Martin; meaning imprecise; sexually active woman; dressed to the hilt; on the prowl; it has also been seen as a mating call, Roxanne and Martin in quick reversed sexual exchanges. *Trance image; unknown*

**RUB** (*Operational*) to touch; possibly a sexual reference. *Trance image; unknown*

**RUBBISH** (*Structural*) see Rot; dysfunctional emotions; irrelevant information; to disagree; junk from the past. *Trance image; varies, sometimes garbage in the whirlwind or trash in a swamp*

**RUN** (*Operational*) to be using a behavioural pattern; to activate a metaphor. *Trance image; varies, sometimes to see the metaphor in action*

**RUNE** (*Structural*) meaning unknown; from the rune stones, an ancient oracle and means of fortune telling. *Trance image; unknown*

**RUSH** (*Multi*) intense excitement; adrenaline rush; to hurry. *Trance image; varies, sometimes the whirlwind spinning out of control*

**RUST** (*Operational*) to waste away; not used; loss of energy; to decay by neglect. *Trance image; something rusting or decaying*

**SACK** (*Operational*) sexual attraction; immature sexual energy. *Trance image; unknown*

**SAIGON** (*Structural*) meaning imprecise; possibly from Vietnam experiences in the Collective Unconscious; pain; war. *Trance image; unknown*

**SAIL** (*Operational*) to move through life with someone; to travel together. *Trance image; to sail on the ocean*

**SAIL** (*Structural*) the sails of a ship; to be catching the wind of motion; to move forward fast. *Trance image; the sails of a ship*

**SALARY** (*Structural*) see Money; to receive for favour; to give someone a reward for services rendered; emotional barter; to receive emotional rewards. *Trance image; varies, sometimes money*

**SALE** (*Operational*) agree with someone else; to go along with someone. *Trance image; varies, sometimes to exchange money*

**SALESMAN** (*Structural*) meaning imprecise; to convince someone; to sell ones self on an idea; implies deception. *Trance image; unknown*

**SALT** (*Structural*) to preserve; keep safe; to restore. *Trance image; salt*

**SAM** (*Multi*) meaning imprecise; may appear as a shorthand version of Uncle Sam, or the United States.

**SAMSON** (*Structural*) partially stems from the biblical character, Samson, who lost his strength when his hair was cut after being seduced by Delilah; there are also similarities with the Greek legend of Icarus who escaped from the Labyrinth with wings made of wax and feather. Icarus flew too close to the sun, the wax melted and he fell to the ground; the metaphor Samson is common; it appears in contexts of strength that is easily weakened and seduced; something that looks nice & attractive, but which has weaknesses; one with a mission; Samson personality types tend to see things through rose coloured glasses. *Trance*

*image; a blonde muscular man with long hair*

**SAND** (*Structural*) see Rock; a foundation that is shaky, non-lasting; a weak foundation; also the barrier between consciousness and unconscious - to process information, unconscious processing. *Trance image; a large sandy beach*

**SANDAL** (*Structural*) meaning unknown

**SARAH** (*Structural*) meaning imprecise; a helper; spiritual woman whose role it is to serve; also reward for faithfulness; the biblical Sarah bore Abraham a child in her 100s. *Trance image, unknown*

**SATAN** (*Structural*) see Lucifer - Satan is the fallen version; spiritual longing and loneliness; torment, lost and wandering; intense emotions; anger, temper; electric vibes; strong almost unshakeable destructive behaviour patterns; a person running a Satan metaphor can easily destroy anyone with a few, quick words or a few strong looks. *Trance image; a large powerful figure of the stereotypical Satan character; red with horns and a tail*

**SAUCER** (*Structural*) meaning imprecise; a flying saucer; a means of travel; almost a means of escape; a detachment of reality; a wish to be free. *Trance image; unknown*

**SAVIOUR** (*Structural*) sometimes refers to Jesus Christ; also to save; someone who saves. *Trance image; unknown*

**SAXON** (*Structural*) see Warrior, Odin; a fighter; a brave, noble hero with a mission. *Trance image; a Viking soldier*

**SCENE** (*Operational*) meaning imprecise; a movie scene; to see life as a scene. *Trance image; unknown*

**SCISSORS** (*Structural*) to sever; to cut. *Trance image; scissors*

**SCREW** (*Operational*) see Fuck; similar but softer meanings. Immature sexuality; to be only lightly connecting; a surface contact. *Trance image; unknown*

**SCRUB** (*Operational*) to incessantly try and scrub away ones sins or past pain. *Trance image; to scrub, sometimes the decks of the ship usually on ones knees with scrubbing brush*

**SCUM** (*Multi*) stuff one is hanging on from the past; derogatory reference to a person; hurts from the past that can't be let go; blockages in the human system; also anything in one's body, emotional or spiritual state that is holding one back. *Trance image; thick black goo, also junk in the whirlwind*

**SEA** (*Structural*) see Ocean; similar but softer meaning; the waters of life; to be sailing on the seas of life. *Trance image; the vast ocean*

**SEAGULL** (*Structural*) the part of us that is striving to be free; the part that can be free; a very gentle part of us; the part that is exploring; like the dove; unlimited boundaries for personal growth; used as the soul seeking freedom. *Trance image; a seagull flying free*

**SEAHORSE** (*Structural*) meaning unknown. *Trance image; seahorses swimming alongside the ship*

**SEAL** (*Structural*) to agree; to secure; unbreakable bond; sometimes appears in regards to sealing behavioural patterns, *Trance image; varies*

**SEAT** (*Operational*) to be stationary; inactivity; to be settled in one spot; to be stable. *Trance image; unknown*

**SEDUCE** (*Operational*) to persuade or convince; the art of seduction; to obtain possession; to entice; charm; to woo over. *Trance image; varies*

**SEE** (*Operational*) to see; to perceive; to have vision; to understand; the ability to explore many possibilities; lateral thinking; expanded insights; also visual predicate; intuition. *Trance image; to look*

**SEED** (*Structural*) to create something new; to plant the seed of ideas; also semen, male energy. *Trance image; usually a seed in the nest, sometimes semen*

**SEEDY** (*Operational*) undesirable; low class; loose morals. *Trance image; unknown*

**SEER** (*Structural*) see Rama, Old Man, Moses, Amos; they all refer to the wise, spiritual part of the unconscious; a guru; spiritual master; teacher of Truth. *Trance image; varies*

**SEIZE** (*Operational*) to secure with passion; to take with force; to take into possession. *Trance image; to capture*

**SELL** (*Operational*) see Money etc.; to give away something of oneself for a return; to sell ones self short; an emotional exchange; giving up part of self to get something from someone else; to persuade, convince, demand something in return. *Trance image; varies*

**SEMEN** (*Structural*) see Animus; seed; nest. usually exactly what it says; sexual attraction; sexual climax; also the fertilise the seed of life with animus energy. *Trance image; semen*

**SEND** (*Operational*) to send a message; to send on a mission. *Trance image; varies*

**SERENA** (*Structural*) meaning unknown, a female metaphor

**SERMON** (*Structural*) see Program; the process of imposing behavioural conditioning; the process of indoctrination; to try to persuade someone to do something; the laying down of laws of conduct. *Trance image; someone convincing*

**SERPENT** (*Structural*) see Snake, metaphor pair; to heal and cure. *Trance image; a serpent*

**SERVE** (*Multi*) to help willingly; to assist without personal glory. *Trance image; to help*

**SET** (*Structural*) a fixed behavioural pattern; also the stage of life like a movie set. *Trance image; a movie set*

**SETH** (*Structural*) meaning unknown; an Old Testament prophet. *Trance image; unknown*

**SEVEN** (*Operational*) a symbol of perfection, of completion; a divine inspiration; implies a spiritual approval or divine ordinance. *Trance image; unknown*

**SEWER** (*Structural*) meaning imprecise; junk from the past, negative attitudes; emotional dysfunction that have become serious. *Trance image; open sewerage drains*

**SEWERAGE** (*Structural*) see Sewer; sludge, emotional junk. *Trance image; sewerage and rotten trash*

**SEX** (*Multi*) what makes it all work; any form of high energy that can be inspiring and invigorating. *Trance image; varies, sometimes to make love in the Garden*

**SHACK** (*Structural*) see Home; refuge; part of the mind where one goes for refuge; a small home or house; an inability to feel totally at peace; a weaker version of home; lack of respect for one's mental abilities. *Trance image; a small shack usually in the desert*

**SHADOW** (*Structural*) an elusive, hidden part of the self; alter ego; another part of self that one is hiding; conscience; sometimes referred to as the unconscious mind; the anima and animus will occasionally appear as shadows. *Trance image; shadowy figures usually in the garden*

**SHAFT** (*Operational*) sexual connotations; penis; an instrument of sexual energy. *Trance image; unknown*

**SHAG** (*Multi*) to have sexual intercourse; Aussie slang for "fuck". *Trance image; unknown*

**SHAKE** (*Operational*) to disturb; to bring to realisation. *Trance image; unknown*

**SHALL** (*Multi*) see Will; one possible future; one possible direction that one may take, shall is a conditional outcome whereas will is a certainty. *Trance image; unknown*

**SHALOM** (*Multi*) peace; greetings. *Trance image; to greet someone*

**SHAMAN** (*Structural*) see Seer; a holy man; a guru; spiritual master and healer. *Trance image; a holy man in the desert*

**SHAME** (*Multi*) as it says. *Trance image; unknown*

**SHAMPOO** (*Operational*) meaning unknown

**SHAO-LIN** (*Multi*) meaning imprecise; a reference to a form of martial arts that is only used for self defence. *Trance image; unknown*

**SHARK** (*Structural*) a predatorial part of the psyche; protection through attack; external reference to con men or someone who is imposing for selfish means; has also been seen used as another form of "Wolf". *Trance image; sharks in the ocean, sometimes swimming alongside the ship*

**SHATTER** (*Operational*) great mental confusion; to be in psychic shutdown and split into several pieces; to totally

destroy a metaphor because of great incongruity. *Trance image; to break into many pieces*

**SHAVE** (*Operational*) to reduce power; to sever sexual energy; to make ineffective. *Trance image; shaved head or pubic region*

**SHE** (*Structural*) the metaphor for "psychic" ability, or as you think, so shall it be; the ability to create ones own reality; It is a dormant metaphor by itself. To be activated it must be attached to a host, usually the Wolf, hence Shewolf. It has also appeared as Shelass, Shelamb, She-elf, Shewoman. *Trance image; varies depending on metaphor. However, when used with a host, the original host form still exists and the new combined She metaphor becomes a new and different form.*

**SHED** (*Structural*) sexual improprieties; unspoken deeds transpire in the shed; may refer to past molestation; sometimes an unhealthy sexual attitude. *Trance image; a shed*

**SHEEP** (*Structural*) see Shepherd; a follower or pupil; the innocent part of self; can be a victim with no power metaphors; a young innocent spirit seeking a teacher, eg the shepherd. *Trance image; sheep*

**SHEFORCE** (*Structural*) see She; Shewolf; an active but unused She metaphor; to be about to burst through into creating what you think. *Trance image; a metaphor that is the host for the She, that appears to be transparent or shimmering*

**SHEILA** (*Multi*) see Bloke; Aussie slang for woman; sometimes a term of disrespect.. *Trance image; unknown*

**SHELF** (*Structural*) talents that are dormant or not used; to put them on the shelf for later use; a part of the part where dormant abilities are stored. *Trance image; a shelf in the house*

**SHELL** (*Operational*) meaning imprecise; to attack; to hurt. *Trance image; unknown*

**SHELLY** (*Structural*) meaning unknown; a metaphor that has been seen when people are talking about relationship; maybe the ability to love; or the perception of a mate. *Trance image unknown*

**SHEPHERD** (*Structural*) almost a metaphor for Christ; the part of us that is "Christ-like"; the part of us that is very spiritually in-tune; teacher; leader; spiritual guide; one to be trusted; a servant of God; a leader seeking their sheep. *Trance image; a shepherd sometimes in the Garden*

**SHERIFF** (*Structural*) see also "Marshall"; the law giver; the part of us that keeps behaviour organised; someone without a good Sheriff has very loose behaviour with no personal boundaries; the Sheriff makes us follow the rules; the ability to adhere to one's personal code of conduct. *Trance image; a typical western sheriff*

**SHERRY** (*Structural*) meaning imprecise; spiritual nourishment of some description; a pleasant emotion; to feel warm. *Trance image; unknown*

**SHE-WOLF** (*Structural*) not to be confused with "Wolf"; a deep primordial part of Self; a part that has psychic abilities; to manifest; to create synchronicities; involved in the process of creation and turning our thoughts and desires into reality. *Trance image; a large white wolf in a primordial forest*

**SHIELD** (*Structural*) protection - I wear my shield; to hide; to maintain a safe distance around one's self. *Trance image; a shield*

**SHIFT** (*Multi*) to alter; to modify; the unconscious mind moving; opinions changing; belief systems altering; any part of one that is in the process of change; a common term used in trance... "as the unconscious mind shifts and alters"... *Trance image; unknown*

**SHIMMY** (*Operational*) metaphors not in proper form; imperfectly formed; also to not see clearly. *Trance image; a metaphor appearing in trance as indistinct, not being able to see properly, sometimes having a shine or shimmer around it*

**SHINE** (*Operational*) to be successful; to be seen; to overcome; to be full of energy; to clean and purify. *Trance image; varies, sometimes sun beams, sometimes a bright shining light; also to polish and clean something*

**SHINGLE** (*Structural*) meaning unknown

**SHIP** (*Structural*) see Ocean; Surf; Helm etc.; we are the ship as we move through life; to travel to ones goal; also to send unconscious messages through

the collective unconscious. *Trance image; an old Spanish galleon*

**SHIRT** (*Structural*) meaning unknown

**SHIVA** (*Structural*) the avenging aspect of God; God the warrior; the use of force to create change; to break down rigid mental structures. *Trance Image; a warrior being with many arms frequently seen in the sky sometimes throwing lightning bolts*

**SHOE** (*Structural*) meaning imprecise; to move forward, to get ready to depart. *Trance image. Unknown*

**SHOP** (*Operational*) to look around; explore; several sources of strength; also implies an inability to commit or settle. *Trance image; a shop*

**SHOT** (*Operational*) to deliver and receive high emotions. *Trance image; varies*

**SHOOT** (*Operational*) see Shot

**SHORE** (*Structural*) see Beach; the borders of consciousness; the beach shore laps against the ocean of the collective sea. *Trance image; the shore line of a sandy beach*

**SHOUT** (*Operational*) see Announce; to announce with conviction; to give a command; also connected with Sing; to make it very obvious and definite. *Trance image; to shout in trance*

**SHOVEL** (*Structural*) see Hammer, Nail; meaning imprecise; dig; to prepare the ground; to bury the past; to build. *Trance image; a shovel*

**SHOW** (*Structural*) a performance; disassociation; seeing life like a movie; more contrived than a movie; it is like we have created the conditions; more grandiose. *Trance image; unknown*

**SHOWER** (*Structural*) to be overcome; high emotions; to be overcome by emotions; a lot of emotions experienced all at once. *Trance image; varies*

**SHRINE** (*Structural*) meaning imprecise; a sacred place of worship; to store something holy; to have respect for ones unconscious. *Trance image; a shrine or alter in the garden*

**SHY** (*Operational*) to withdraw; to hide; to remove. *Trance image; varies*

**SIC** (*Operational*) to attack (as to give a command to a dog); to "sic" him. *Trance image; unknown*

**SICK** (*Multi*) not well; removed from normality; a part that is not functioning correctly. *Trance image; a metaphor that is sick, deformed.*

**SIGH** (*Multi*) to relieve; to release emotions; to let go. *Trance image; to sigh deeply*

**SIGHT** (*Operational*) see eye

**SIGN** (*Structural*) appears in two settings: (1) to sign a contract or to agree to something; (2) to display self or emotions; to hold a Sign is to announce or make obvious; also to unite. *Trance image; a signpost in the desert; also to make a sign and display it*

**SILHOUETTE** (*Structural*) similar to shadow with a slight difference which is

not known at this time. *Trance image; shadowy forms in the garden, a reflection of self*

**SILK** (*Operational*) a protection similar to Skin; it looks different from what it is; fine covering that protects us; fine outer protection of self; non-deceptive concealment; difficult to see through; fine, silky. *Trance image; a silk cloth; sometimes covered by a thin veil of silk*

**SILLY** (*Operational*) a lot harsher in Reverse Speech than it is in forward speech; a word of no respect; to place no value on a person; to deny or invalidate one's own emotions; to reduce someone's value; to write someone off. *Trance image; varies*

**SILO** (*Structural*) meaning imprecise; personal energy storage. *Trance image; unknown*

**SILVER** (*Operational*) from the thirty pieces of silver that Judas received for betraying Christ; to betray; evil; also material wealth that has been fraudulently obtained. *Trance image; a metaphor that shines like silver, a silvery shimmer, to be covered with spots of silver*

**SIMON** (*Structural*) meaning imprecise; a false prophet; someone seeking to con ones way into heaven; may stem from Simon the Magician who tried to buy the powers of Christ from the apostle Peter. *Trance image; varies; sometimes a magician*

**SIMONE** (*Operational*) a new metaphor that appeared during the Persian Gulf Crisis in 1991; usually meaning warfare and conflict; from Arabic "Simoon"



meaning a hot dust storm in the desert; it has since become rare. *Trance image; unknown*

**SIMPSON** (*Structural*) meaning imprecise; a new metaphor that has only come into the collective since late 1995; from OJ Simpson; an emerging metaphor for violence and dysfunction and incongruity. *Trance image; larger than life OJ Simpson sometimes holding a knife. He was seen in the ark of the covenant once having sex with Isis.*

**SIN** (*Structural*) personal shortcoming; error; danger; to fall short of expectations; to achieve less than you are capable of achieving; also a genetic dysfunction. *Trance image; varies*

**SING** (*Operational*) to charm; to work smoothly; to entice; to announce to those around you. *Trance image; to sing under trance; also the sounds of songs on the wind*

**SIR** (*Multi*) a term of respect. *Trance image; varies*

**SIREN** (*Structural*) see Horn; meaning imprecise; an enchanting call; to lure; also to announce. *Trance image; unknown*

**SISTER** (*Structural*) a metaphor for feminism; an aggressive female. *Trance image; unknown*

**SIT** (*Operational*) to take no action; inactivity; restraint; to not do anything; to deactivate. *Trance image; to sit down under trance; to put to sleep, to send to the hills*

**SIZE** (*Multi*) meaning imprecise; usually to assess, as in to size up. *Trance image; unknown*

**SIZZLE** (*Operational*) meaning imprecise; something nice; a side benefit; to be vibing. *Trance image; unknown*

**SKILLET** (*Structural*) meaning unknown

**SKIN** (*Structural*) an outer protective appearance; a protection of the real self. *Trance image; skin*

**SKULL** (*Structural*) see Hearse; a death symbol; a dysfunctional pattern; to decay and destroy; often indicates a strong potential for danger not yet materialized. *Trance image; a skull*

**SKY** (*Structural*) meaning imprecise; to be free, to look beyond. *Trance image; the sky*

**SLACK** (*Multi*) Aussie slang; to be lazy; uninterested. *Trance image; unknown*

**SLAVE** (*Structural*) see Sleigh; to be dominated, controlled; to be at the whims of pre-programmed behavioral patterns with little or no options; also commonly used in relationships with reference to the other partner. *Trance image; unknown*

**SLAY** (*Operational*) to destroy. *Trance image; unknown*

**SLEEP** (*Operational*) to have deep connections; associate on a deep level; also an indication of integration and unconscious processing, to process

unconscious information *Trance image; to sleep*

**SLEIGH** (*Structural*) someone requests or demands; a desire to be carried; to be taken on a journey. *Trance image; unknown*

**SLIDE** (*Operational*) see Slip; to operate smoothly, a smooth movement; also sexual attraction. *Trance image; unknown*

**SLIME** (*Structural*) see Scum; also an expression of disregard; a dishonest person; negative patterns; unresolved issues. *Trance image; slime pools*

**SLIP** (*Multi*) to give discretely (slip someone a note); sexual connotations (to slip inside); to operate smoothly; to operate well, discretely; also to fall short of expectations. *Trance image; unknown*

**SLIT** (*Operational*) to be split in two, broken, damaged; often appears in the context of a slit whirlwind. *Trance image; a whirlwind with a large slash in its side*

**SLOTH** (*Operational*) meaning imprecise; to be lazy and disorganized. *Trance image; unknown*

**SMELL** (*Operational*) see Sniff, Sweat; to assess; to explore possibilities; sexual connotations - the odour of attraction. *Trance image; to smell, also a wolf on the track*

**SMOG** (*Structural*) meaning imprecise; pollution; dysfunctional wind; negative patterns interfering with perception. *Trance image; smog*

**SMOKE** (*Structural*) meaning imprecise; a signal; to be working; activity. *Trance image; smoke rising*

**SNAIL** (*Structural*) lack of action; slow to decide; to move slowly. *Trance image; unknown*

**SNAKE** (*Structural*) see "Serpent", opposite of; deception; cunning; temptation; bad patterns from the past. *Trance image; a snake*

**SNARE** (*Structural*) a trap; bait. *Trance image; unknown*

**SNICKER** (*Operational*) to laugh with disrespect. *Trance image; unknown*

**SMIFF** (*Operational*) see Smell; to explore; to explore sexual possibilities; tease; ego indulgence; to check something out; not permanent. *Trance image; to sniff*

**SNIP** (*Operational*) see scissors; to cut off; to sever. *Trance image; to cut or snip*

**SNOB** (*Multi*) to ignore; look down upon; an arrogant attitude. *Trance image; unknown*

**SNOW** (*Multi*) purity; cleanse; safe; to make whole; also a street name for cocaine. *Trance image; white snow*

**SNIT** (*Multi*) meaning unknown

**SNUFF** (*Operational*) meaning imprecise; usually has sexual connotations; self-satisfaction; a rush of sensation; almost an aphrodisiac. *Trance image; unknown*

**SO** (*Multi*) adds emphasis

**SOB** (*Multi*) tears; grief

**SOCK** (*Operational*) sexual attraction; also to hit or convince; primarily sexual energy. *Trance image; unknown*

**SOFT** (*Operational*) pleasant; easy; also to lack power and form. *Trance image; unknown*

**SOLDAM** (*Structural*) meaning imprecise; a ruler, king. *Trance image unknown*

**SOLDIER** (*Structural*) a soldier of life; to see life as a battleground to be conquered; one with a mission. *Trance image; a soldier*

**SONG** (*Structural*) to call; send out a message; something pleasant; seducing; to attract. *Trance; voices on the wind singing*

**SOPHIE** (*Structural*) the female aspect of God, God the creator and Mother. *Trance image: Unknown*

**SORCERER** (*Structural*) see Sorcery; one who performs Sorcery; a strong force of influence beyond control; a dark change; a decaying of the psyche; can influence others around. *Trance image; varies*

**SORCERY** (*Operational*) a strong, enticing force; to charm or deceive; implies control and manipulation; under someone's spell; very strong influence. *Trance image; unknown*

**SORE** (*Structural*) damage to the psyche; an unresolved issue; personal

pain. *Trance image; spots in slime and mud pits*

**S.O.S.** (*Multi*) the internal Morse code signal for help meaning save our souls; three dots, three dashes, three dots ...---...; in reverse it is a cry for help. *Trance image; unknown*

**SOT** (*Structural*) a drunkard; undisciplined person; spiritual values underneath a rough exterior. *Trance image; unknown*

**SOUL** (*Structural*) see Ark; Soul Wind; the soul; the life force; that which survives death; Self. *Trance image; The soul is usually located in the mists of heaven. It is depicted as a large fire surrounding a column of light*

**SOUL WIND** (*Structural*) the breath of life; the spirit; the effects of the soul on the system; the soul's energy wafting through the mind. *Trance image; sometimes a whirlwind*

**SOUND** (*Structural*) the energy of creation; the logos; spiritual wisdom or message; emotional energy. *Trance image; the sounds on the wind*

**SOUR** (*Multi*) unpleasant; spiritually corrupt

**SOURCE** (*Operational*) see Force; a "source" of personal energies; male/female energies; a means of attaining personal power and strength; to gain strength from another, and in the process, both are strengthened; Man is Source for the Woman's force and vice versa; any action or object that gives one power. *Trance image; varies*

**SOUTH** (*Structural*) meaning imprecise; see North; has been seen as a reference to one's past; but appears to be used as a direction of success and spiritual. *Trance image; to walk south in the desert*

**SPEAR** (*Structural*) see Sword; Arrow; appears to be an instrument of harm; to pierce someone's soul; to hurt another with strong emotional energy. *Trance image; a spear*

**SPELL** (*Structural*) see also "Hex", "Sorcerer; charm; deceive; under the influence of a strong compelling influence or attraction. *Trance image; varies, sometimes Rocelin cooking in a vat in the garden*

**SPIRIT** (*Structural*) may refer to the totality of consciousness or the psychic body; an essence of self that survives death along with the soul. *Trance image; unknown*

**SPOT** (*Multi*) a minor damage on the psyche; a behavioural irritant. *Trance image; varies*

**SQUAW** (*Structural*) meaning imprecise; a female warrior; also a female servant *Trance image; an Indian squaw*

**STAB** (*Operational*) to hurt as in stab in the back; emotional pain. *Trance image; varies*

**STANLEY** (*Structural*) coward; a "geek"; a weak person; maybe from Stanley and ollie, the old movie characters. *Trance image; unknown*

**STAFF** (*Structural*) see rod; access to the unconscious; the staff of wisdom in the right hand; to be in tune with the forces of spirit. *Trance image; holding a staff in ones right hand*

**STAMP** (*Operational*) meaning unknown

**STEEL** (*Structural*) strong; solid; long lasting. *Trance image; unknown*

**STIFFY** (*Multi*) sexual; an erection. *Trance image; an erect penis*

**SUBVERT** (*Operational*) to sabotage; to short circuit. *Trance image; varies*

**SUCK** (*Multi*) to drain energy; to deplete; see Rocelin, Rocelin sucks. *Trance image; varies*

**SULTAN** (*Structural*) see Earl, metaphor pair; sultan from King Solomon, the wisest of the wise; sultan is spiritual wisdom and greatness; part of the self that would be a god; leader; great & powerful; implies riches, power and control. *Trance image; an opulent man in the desert; stereotypical Sultan with a crown and purple robes and adorned with jewels*

**SUFFER** (*Multi*) to suffer

**SUGAR** (*Structural*) meaning unknown; has appeared with reference to physical needs. My body needs sugar. *Trance image; sugar in the desert*

**SUM** (*Multi*) meaning imprecise; the sum total of something; all there is. *Trance image; unknown*

**SUMMER** (*Structural*) to be bathing in the good times; high energy; new beneficial mental structures forming. *Trance image; summer in the desert and garden*

**SUN** (*Structural*) a source of energy, spiritual power and life; used in trance to rejuvenate by standing with arms outstretched under a hot sun. *Trance image; the sun in the sky. The way the sun appears will indicate the quality of energy source. If there are sunspots, there is damage*

**SUNNY** (*Operational*) nice; pleasant; invigorating. *Trance image; varies*

**SUPERMAN** (*Structural*) meaning imprecise; its occurrence has gradually increased since the mid 80s; presumed to refer to the comic book character although its appearance in reverse can be associated with weakness; a powerful man; an evolved being. *Trance image; varies*

**SURF** (*Operational*) life energy; movement; activity; the process of moving through life. *Trance image; surf in the ocean*

**SWAN** (*Structural*) transformation; a new pattern emerging; also to be at peace. *Trance image; a large white swan*

**SWEAT** (*Operational*) sexual attraction; the scent of sexual attraction; "I use sweat". *Trance image; varies, usually an emotion more than an image*

**SWOON** (*Operational*) to be overcome by emotion; to fall for someone; to be in awe; overwhelmed. *Trance image; unknown*

**SWORD** (*Structural*) instrument of interaction; to communicate forcefully; to be fully engaged in the battle of life; personal defense; ability to communicate and interact with others and environment; the sword of the spirit is a sharp two-edged sword, piercing the heart. *Trance image; a large sharp two edged sword, sometimes Saxon in nature*

**SYBIL** (*Structural*) meaning imprecise; a split aspect of the psyche, sometimes a darker aspect or evil; two sides of Self; maybe schizophrenic tendencies in some cases. *Trance image; unknown*

**SYDNEY** (*Structural*) meaning imprecise; part of a metaphor group that uses Australian capital cities; may refer to success. *Trance image: the city of Sydney*

**SYMPHONY** (*Operational*) meaning imprecise; parts of the mind operating in unison; to be performing well. *Trance image; unknown*

**SYRUP** (*Operational*) meaning imprecise; a source of personal energy; a solution; mercies from heaven. *Trance image; syrup in the garden*

**SYSTEM** (*Structural*) personality or behaviour pattern; operating methods; the "system" of operation. *Trance image; the metaphors*

**TABERNACLE** (*Structural*) see temple

**TEMPLE** (*Structural*) the domain of the unconscious; the body is the temple of the spirit. *Trance image; a temple, sometimes in Jerusalem or Rome*

**THEE** (*Multi*) from old English; a term of respect; adds great emphasis to reversal. *Trance image; unknown*

**THE ONE** (*Structural*) see I am; a reference to an aspect of one's higher self; part of self with knowledge; also to be congruent *Trance image; unknown*

**THIEF** (*Structural*) meaning imprecise; this metaphor appears to be a reference to Jesus Christ from the bible verse, "Behold, I come like a thief in the night." *Trance image; unknown*

**THIN** (*Operational*) meaning imprecise; lacking substance; difficult to see; *Trance image; a thin image*

**THINE** (*Multi*) from old English; adds great emphasis to reversal. *Trance image; unknown*

**THIRD EYE** (*Structural*) the mythological third spiritual eye believed to be centered in the forehead; spiritual insight; to be able to see inside the unconscious. *Trance image; an eye in the middle of the forehead*

**THIRD WAR** (*Operational*) meaning imprecise; an intense conflict; a major battle, conflict. *Trance image; unknown*

**THIRST** (*Operational*) emotional deprivation; need; spiritual longing. *Trance image; to be thirsty in the desert*

**THOR** (*Structural*) meaning imprecise; the God of thunder; great power and presence; anger. *Trance image; unknown*

**THOU** (*Multi*) from old English; adds great emphasis to the reversal. *Trance image; unknown*

**THROAT** (*Structural*) meaning unknown; part of a group that refers to parts of the body. *Trance image; unknown*

**THRONE** (*Structural*) a place of importance; the ruler of the psyche; to give a metaphor power and control; to honor and worship. *Trance image; a throne often at the front of the temple in Rome*

**THROW** (*Operational*) meaning imprecise; to discard; to send out energies forcibly. *Trance image; unknown*

**THUNDER** (*Structural*) meaning imprecise; a symbol of power and presence; to release power; to speak with strength and conviction. *Trance image; thunder and lightning, sometimes coming out of the whirlwind*

**THY** (*Multi*) see Thou, Thee, Thine etc; from old English; your. *Trance image; unknown*

**TIGER** (*Structural*) meaning imprecise; a power animal, also compassion. *Trance image; a tiger*

**TOUCH** (*Operational*) see Lick and Kiss referring to progressive levels of contact; to connect with someone; to connect sexually and emotionally; whenever we first meet someone, we touch them; that person touched me; that idea touched me; an initial contact; a gentle word; used frequently. *Trance image; to touch*

**TRAP** (*Structural*) to be trapped; locked; stuck; a metaphor unable to

move. *Trance image; various forms of traps*

**UGLY** (*Multi*) an unpleasant pattern; extreme distaste; self loathing; selfishness. *Trance image; varies*

**ULYSSES** (*Structural*) meaning imprecise; warrior; traveller; visionary; strong; ability to stick to a goal. *Trance image; unknown*

**UNIVERSE** (*Structural*) a reference to the endlessness of life; the soul transversing time; the cosmos; the totality of all; may also refer to past or reincarnated lives. *Trance image; varies, sometimes the cosmos or universe*

**VAPOR** (*Structural*) meaning unknown

**VAULT** (*Structural*) deep unconsciousness; the deepest parts of the mind; storage banks of vast wisdom and new metaphors; mental functions stored for Eons in deep sleep. *Trance image; unknown*

**VENOM** (*Multi*) a destructive emotion; spite, hate; to poison the soul; to cause severe emotional harm. *Trance image; varies*

**VENUS** (*Structural*) another form of Isis; there are differences between Venus and Isis, but they are not clear at this time

**VERMIN** (*Structural*) bad attitudes; low life; unworthy; unpleasant; an insult. *Trance image; unknown*

**VERSE** (*Structural*) see Word, Law; a sacred statement; a divine message; a spiritual belief that determines

behaviour. *Trance image; varies, sometimes the lining of the nest; other times a scroll in the garden*

**VESSEL** (*Structural*) meaning imprecise; possibly connected to Ship; a conduit of energy; to hold or protect one's physical body. *Trance image; unknown*

**VIBE** (*Multi*) excess energy; mania; to be in rapport; to go with the flow. *Trance image; varies*

**VILLA** (*Structural*) see house; meaning imprecise; maybe a place of safety; a peaceful part of the mind. *Trance image; a small villa on the slopes of a mountain*

**VINEGAR** (*Operational*) meaning imprecise; something that is distasteful and not liked, *Trance image; unknown*

**VIOLIN** (*Structural*) meaning imprecise; to operate smoothly; eloquence and precision; precious and refined. *Trance image; unknown*

**VIRGIN** (*Structural*) see Lie, Sword, Mark, Beast, Wife, Bride; one who is free from the negative influences of the unconscious; innocent, pure. *Trance image; a pure, clean virgin in white robes, sometimes appearing as a wife or the bride of God*

**VISION** (*Operational*) to see with wisdom; to understand. *Trance image; varies*

**VOMIT** (*Multi*) emotional outpouring; the communication of dysfunctional metaphors; to be rejected by the unconscious; scum and slime from the psyche. *Trance image; unknown*

**VULCAN** (*Structural*) see Rocket, Phaser; meaning unknown from a currently evolving Sci-Fi group; Mr. Spock in Star Trek. *Trance image; unknown*

**WALL** (*Structural*) a mental block; an obstacle; implies hope of overcoming; separations in the mind. *Trance image; a wall*

**WALK** (*Operational*) life's walk; to move forward; also a spiritual journey *Trance image; to walk*

**WALRUS** (*Structural*) describes a state of fantasy; someone who is living in a dream World; possibly self-delusion; a metaphor; a fool; distorted reality. *Trance image; unknown*

**WALTZ** (*Operational*) to live life; to play the game; to enchant or entice; to interact vigorously; to celebrate; see also "Dance". *Trance image; to dance*

**WAND** (*Structural*) instrument of personal power; to access one's own energy to perform change. *Trance image; typically a magic wand in the hand of another metaphor*

**WANDER** (*Operational*) to roam aimlessly; to explore with no plan; to look and see. *Trance image; to wander through the desert*

**WAR** (*Structural*) conflict; turmoil; struggle; fight. *Trance image; conflict*

**WARDEN** (*Structural*) see Sheriff; Marshall; meaning imprecise; the keeper of the prison; to be trapped in one's own

cell; also a strict enforcer of behavior. *Trance image; a jail warden*

**WARHEAD** (*Structural*) instrument of destruction; an aggressive move. *Trance image; unknown*

**WARLORD** (*Structural*) a planner and instigator of war. *Trance image; unknown*

**WARM** (*Operational*) spiritual power, an awakening or activity; to be contented. *Trance image; sometimes an increase of actual body temperature usually at the base of the neck*

**WARNING** (*Multi*) take great note of this word; it means just that; warning!! *Trance image; varies*

**WARRIOR** (*Structural*) a fighter; one with a mission; an intense desire or commitment; a strong, dynamic person. *Trance image; a warrior*

**WARSHIP** (*Structural*) meaning unknown

**WART** (*Structural*) see Cyst an emotional dysfunction with the potential to affect physical health *Trance image; unknown*

**WASH** (*Operational*) to change, alter; to cleanse. *Trance image; to wash*

**WATER** (*Operational*) means of fulfillment, to drink water is to fill emotional and spiritual needs. *Trance image; water, sometimes in the Garden or an oasis in the desert*



**WE** (*Multi*) often referring to several parts of the Psyche. *Trance image; varies*

**WEAR** (*Operational*) to display; to make obvious; to take on the characteristics of something. *Trance image; to wear clothing*

**WEASEL** (*Structural*) meaning unknown

**WEATHER** (*Structural*) life's hazards; the movement of life. *Trance image; weather*

**WEE** (*Multi*) small; tiny; ineffective; lacking in power. *Trance image; a very small metaphor*

**WEED** (*Structural*) see Garden; growth choking the garden; negative attitudes, resentments, unresolved issues. *Trance image; weeds growing inn the garden*

**WEIRD** (*Multi*) out of the ordinary; not usual; an abnormal function; weird emotions; to feel strange. *Trance image; an unusual shaped metaphor*

**WERE-WOLF** (*Structural*); a perverted "Wolf" image; people who run this metaphor tend to have a distorted perception of reality; will easily disappear into "dream" states, unreality; the metaphor can be destructive; reversal denial is common with this metaphor. *Trance image; a deformed wolf, a half man, half wolf, usually with the face of a man and body of a wolf*

**WET** (*Multi*) sexual connotations; to be sexually aroused; stimulated. *Trance image; to be wet, sometimes an actual*

*physical manifestation while under trance*

**WHEEL** (*Structural*) meaning imprecise; possibly the constant motion of life. *Trance image; unknown*

**WHIP** (*Structural*) meaning imprecise; to spur into action; to punish; a sharp attitude. *Trance image; a whip*

**WHIRL** (*Structural*) see Whirlwind, Wind; the two aspects of the whirlwind; whirl is to interact in the physical world, wind is to interact in the unconscious world; whirlwind is the perfect combination of both; also to be stuck; pure raw energy. *Trance image; a whirlwind*

**WHIRLWIND** (*Structural*) see Whirl, Wind, Sex, Money; energy system; life force; power; empathy; activity; base central metaphor; the image of Whirlwind under trance can be used directly to control emotional states and facilitate integration; also empathy, intuition; two forms of Whirlwind appear in reverse: (1) a whirlwind, whirlwind - refers to personal operating system; (2) THE whirlwind - a universal "cosmic" energy; whirlwind is also energy that radiates out from the body to interact with The whirlwind of the cosmos; God's light travels the whirlwinds. *Trance image; a large whirlwind in the desert, spinning smoothly*

**WHISTLE** (*Operational*) meaning imprecise; knowledge of a situation; to tell something; to announce; maybe a warning in some situations. *Trance image, unknown*

**WHITE** (*Operational*) a confusing metaphor with contradictory meanings; generally it means to purify, to be clean; frequently appears as turning another metaphor white, to glorify; however it can also have a subtle twist where glorification becomes worship at the exclusion of everything thing and deification of another metaphor occurs eg: white owl, white eve etc; this leads to a dangerous psychic imbalance. *Trance image; turning another metaphor white*

**WHITE OWL** (*Structural*) see Wise Owl, metaphor pair, the opposite of; to worship ones intellect as though it was God; this was the crime of Lucifer, he thought he was so wise he was equal with God; this metaphor is very strong and it refers to someone immersed in their head with no spiritual connection; a mighty intellect that is rigid and immovable. *Trance image; a large owl, sometimes white sometimes demonic*

**WHORE** (*Structural*) meaning imprecise; may refer to the whore of Babylon; the rocelin spirit; a loose woman; a spiritual whore; to be having sex with the beasts of the mind and encouraging others to do the same; *Trance image; unknown*

**WIDE** (*Structural*) large, expansive; widen, to make bigger; also to exaggerate; strong influence. *Trance image; to increase the size of the whirlwind, to make a metaphor bigger*

**WIDOW** (*Structural*) see Wife; meaning imprecise; possibly to be dead to ones higher self. *Trance image; unknown*

**WIFE** (*Structural*) see Virgin, Bride; the part of the mind that can connect to God; in reverse God is described as Male and the human race as Female; the wife is the part that marries; what occupies most of one's mind and guides one's action; connection, union with God *Trance image; a bride in the Garden Of Eden*

**WILL** (*Multi*) future tense reversal; see Shall; when it is used, the event being spoken of is a certainty to occur at some time in the future (up to six months); not a psychic prediction; it is the unconscious mind that is predicting the most probable future based upon empirical evidence the unconscious mind has accumulated; Will is extremely accurate; not prophetic; "Shall" is softer - one possible outcome. *Trance image; unknown*

**WILLOW** (*Operational*) meaning unknown

**WIND** (*Structural*) see Whirlwind, Whirl, Soul Wind; the breath of life; the power that comes from the soul; to interact with the forces of the unconscious; to be aware of one's intuition. *Trance image; the wind blowing*

**WINE** (*Structural*) the essence of the spirit; wine is to the spirit what blood is to the body; the spiritual nature; nourishes the spirit; refreshing; the food for metaphors.. *Trance image; a goblet of wine in the Garden, also found in the heart at the beginning of the river of Life*

**WING** (*Structural*) meaning unknown. *Trance image; wings on an angel*

**WIRE** (*Structural*) meaning imprecise; to wire in, to connect; an electrical connection in the mind; sometimes to be wired as in highly charged. *Trance image; unknown*

**WISDOM** (*Structural*) see Owl; Wisdom is unconscious knowledge, Owl is conscious reasoning; Owl is forwards or knowledge, wisdom is backwards or wisdom; sometimes pronounced as "wis-s-hdom" (long, drawn-out "sh" instead of "s"); insight; comes directly from the Soul; to be taken very seriously; profound truth; it by-passes the intellect. *Trance image; sometimes messages encrypted onto scrolls*

**WISE OWL** (*Structural*) see White Owl, metaphor pair, the opposite of; take grate caution with the documentation of these metaphors, there is a fine line between white Owl and Wise Owl; Wise Owl refers to an intellect that is in contact with the spiritual forces of the unconscious and therefore has true wisdom; White Owl is the opposite and represents one who has no wisdom but thinks themselves to be supremely wise. *Trance image; unknown*

**WIT** (*Operational*) meaning imprecise; humor. *Trance image; unknown*

**WITCH** (*Structural*) see Rocelin; Sorcerer; meaning imprecise; manipulative personality that can influence others; the part of self that can overcome obstacles; also to transform. *Trance image; a witch*

**WIZARD** (*Structural*) see Magician, Alladan; similar meanings but more of a performer and persuader; part of the Psyche that can charm; will sing and

have music; likes games. *Trance image; a magician in multi coloured clothes*

**WOLF** (*Structural*) prime central metaphor; see Shewolf, Werewolf; the part of personality that is the hunter & protector of the Psyche; prime motivator behind behavior; the state of the Wolf metaphor directly influences success and control of life; ones ability to be self motivated and firm. *Trance image; a waist high wolf, usually grey. Well built and well groomed with sharp piercing eyes*

**WOLVES** (*Structural*) usually refers to other peoples wolves; referring to others; may also refer to multiple wolves in the psyche; schizophrenic tendencies. *Trance image; another wolf in trance from an unknown source, has also appeared as packs of wolves running off the mountains into the desert*

**WOMAN** (*Structural*) female part of the human nature; deep femininity in its purest sense; caring, nurturing part. *Trance image; a beautiful full breasted woman*

**WOMB** (*Structural*) see Garden; a central metaphor; the state of the womb represents the state of one's creative processes; a diseased womb in reverse will nearly always translate to a diseased physical womb; to nurture; grow; create. *Trance image; sometimes a womb, sometimes the garden; this image can vary*

**WOMEN** (*Operational*) general description; normally in a sexual context; looking for a good time. *Trance image; women beckoning*

**WOOD** (*Structural*) meaning imprecise; basic fuel for the fire; that which fuels the emotions. *Trance image; wood*

**WOOL** (*Structural*) meaning imprecise; a covering, a protection; could mean deception as in "to pull the wool over someone's eyes"; also to be in denial *Trance image; to be covered with wool, sometimes wearing sheepskin*

**WOOSH** (*Multi*) see Shower; a rush of emotions. *Trance image; unknown*

**WORD** (*Structural*) see Verse; Nest; Program; Sermon; the desire of creation; the source of metaphor; belief; divine guidance; the word is the original suggestion of behaviour; the metaphor becoming a verse which might become law; spiritual connotations; divine guidance; wisdom from deep within; a strong personal command or wish. *Trance image; varies*

**WORF** (*Structural*) see Spock, Enterprise, Phaser; meaning unknown; probably refers to the star trek character, Worf the Klingon; *Trance image; Unknown*

**WORK** (*Operational*) to be functioning; to be creating; to work. *Trance image; to work*

**WORLD** (*Multi*) the world

**WRATH** (*Operational*) intense righteous anger as in the Wrath of God. *Trance image; unknown*

**WRECK** (*Structural*) destroyed; in disarray. *Trance image; wrecked*

**YANKEE** (*Operational*) a derogatory term - found only on Texans to date. *Trance image; Unknown*

**YE** (*Multi*) from old English; usually appears in the form of a command

**YELL** (*Operational*) to make a point with great force; to be crying to be heard. *Trance images; varies*

**YELLOW** (*Structural*) lack of courage; to be afraid. *Trance image; a yellow metaphor*

**YELTSIN** (*Operational*) meaning unknown; a new metaphor that has only been seen since 1992. *Trance image; unknown*

**YONDER** (*Multi*) see Beyond; to walk over the hill; to go yonder; another part of the psyche. *Trance image; walking away*

**ZERO** (*Multi*) many possible meanings; negates statements made; nothing; nothing to offer; no substance; wasted effort. *Trance image; unknown*

**ZEUS** (*Structural*) see Odin, Thor; the King of the Gods; greatness and magnificence; to be in charge; great wisdom although with ego; a leader and ruler; charm; talent; a positive part of the mind; a sense of mystery; Zeus is not omnipotent. He can be toppled by his own pride and sometimes tend to disassociate. *Trance image; mighty God with long flowing white hair and magnificent robes, sometimes carrying a large stone tablet or sitting on a throne*

**ZION** (*Structural*) meaning imprecise; the mountain of God; to reach great heights. *Trance image; unknown*

system that is in chaos. *Trance image; unknown*

**ZONE** (*Operational*) personal boundaries; personal space within which is safety. *Trance image; varies*

**ZOO** (*Structural*) implies chaos; a large system that is chaotic; a large organizational or personal operating

## Coincidental Sounds

There are some sounds in speech that will always reverse to say the same thing. These are coincidences of sound and they fall into two main categories.

(1) Those coincidental sounds that are universal. That is, whenever they occur in forward speech they will always say the same thing in reverse. A list of these sounds is given below. Whenever you hear any of these sounds do not document them, unless they are obviously part of a larger reversal. Sometimes, certainly not always, these sounds will be used as part of an overall reversal, but this is the exception rather than the rule.

(2) Some coincidental sounds are situational. In other words, they will reverse to say the same thing on one particular person only, or a particular tape only, but not on any other occasion. It is believed that there is some significance to these "situational" coincidences, but that significance has not yet been determined. The current policy is to not document them as reversals when they are found, but make a note of them at the end of your transcript.

<u>Reversed word</u>	<u>Usual forward sound</u>
<b>Answer</b>	<i>Understand</i>
<b>Beat</b>	<i>People</i>
<b>Beloved</b>	<i>Develop</i>
<b>Censored</b>	<i>Business</i>
<b>Crime</b>	<i>America</i>
<b>December</b>	<i>Message</i>
<b>Deserve this</b>	<i>President</i>
<b>Earl</b>	<i>Learn</i>
<b>Feel</b>	<i>Believe</i>
<b>Force</b>	<i>Self</i>
<b>Fuck</b>	<i>Confront</i>
<b>Here I am</b>	<i>Married</i>
<b>Kill</b>	<i>Look</i>
<b>Lion surf</b>	<i>Personality</i>
<b>Love him</b>	<i>Father</i>
<b>Murder</b>	<i>I don't</i>
<b>My mum</b>	<i>Mother</i>
<b>Oates</b>	<i>Story</i>
<b>Rave</b>	<i>Very</i>

<b>Rome</b>	<i>More</i>
<b>Say</b>	<i>Yes</i>
<b>Serve</b>	<i>Relationship</i>
<b>Sex</b>	<i>Discuss</i>
<b>Shallow</b>	<i>Relationship</i>
<b>Share broker</b>	<i>Corporation</i>
<b>Show me</b>	<i>Emotion</i>
<b>Sick Wolf</b>	<i>Focus</i>
<b>Skill</b>	<i>Week</i>
<b>Sniff</b>	<i>Thing</i>
<b>Soul</b>	<i>Was</i>
<b>Suck</b>	<i>Because</i>
<b>Surf</b>	<i>First, person</i>
<b>The lie</b>	<i>Reality, theology</i>
<b>The lock</b>	<i>Psychologist</i>
<b>Wolf</b>	<i>Forward</i>
<b>Woman</b>	<i>Number One</i>
<b>Yes</b>	<i>Say</i>